

COMMUNITY SERVICE GUIDE FOR LAWRENCE COUNTY



For further information on
services listed or other services not listed,
please call:

Hoosier Uplands / Area 15 Agency on Aging
INFORMATION & REFERRAL

(812) 849-4457

Or 1-800-333-2451

www.hoosieruplands.org

www.link-age.org



This resource guide was developed
for the benefit of all:

Lawrence County Residents

We do not claim to have listed all services
available to the community, but hope to have listed
programs which will meet your
most immediate needs.

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INFORMATION & REFERRAL

Hoosier Uplands Information & Referral Services
812-849-4457 or 1-800-333-2451

Main Office
500 W. Main Street
Mitchell, IN 47446

**Aging & Community
Services Offices**
521 W. Main Street
Mitchell, IN 47421

Chamber of Commerce

1116 16th Street, Bedford812-275-4493
P.O. Box 216, Mitchell812-849-4441
Provides city maps, brochures, small business
services and information about groups,
organizations and businesses in Lawrence County.

CHILDREN'S SERVICES

Children's Special Health Care Services

.....800-475-1355
Indiana State Department of Health ...317-233-1325
2 N. Meridian Street, Suite 700
Indianapolis, IN 46204

Assists the family of handicapped children to
identify and access community assistance, and
financial, recreational, and respite programs.
Dedicated to enhancing the continuity of care for a
child with special healthcare needs by providing
clearly defined and comprehensive care
coordination services.

Community Health and Wellness

2415 Mitchell Road.....812-279-6222
Bedford, IN 47421

Offer accessible healthcare and support to those in
the community with little or no insurance. Services
include: obstetrics/gynecology, pediatrics, adult
healthcare, First Steps (Lawrence County system's
point of entry), well water fluoride testing, lead
screening, and Hoosier Healthwise enrollment.

Community Health and Wellness

WIC Program.....812-279-6222
2415 Mitchell Rd.
Bedford, IN 47421

WIC provides mothers and children up to age 5
who qualify, nutritious foods, educational services
and nutrition classes. The clinic also administers
the Child Care Development Fund that assists
qualified working families with the cost of childcare.

Happy Hollow Children's Camp.... 812-988-4900
3049 Happy Hollow Road..... 317-638-3849
Nashville, IN 47448

One week camp sessions at little or no cost for children 7-14 years from financially disadvantaged families that live in the United Way of Central Indiana demographic area, foster children from the state of Indiana and children with moderate to severe asthma from the state of Indiana.

Hoosier Healthwise..... 800-889-9949
Medicaid provider for well and sick child developmental screening also available from ages birth to 20 years. Children and teens can receive immunizations, medications and sick care on a sliding fee scale.

Hoosier Uplands Children's Services
Administrative Office..... 812-849-4457
500 W. Main St. 800-827-2219
Mitchell, IN 47446

Hoosier Uplands 812-849-4457
1. Before School SAFER Program: Morning child care 6:30 a.m. until regular school day begins. Based on sliding fee scale.
2. 21st Century Community Learning Centers Program: After school program at regular school day end until 5.45 p.m. Free of charge.

These programs serve all elementary school age children on days school is in session and provided in Mitchell at Burriss Elementary School.

Hoosier Uplands Head Start
Bedford Center 812-275-0052
710 6th St.
Bedford, IN 47421
Mitchell Center..... 812-849-4448
1240 Orchard St.
Mitchell, IN 47446

Half day pre-school program for children ages 3, 4 and 5 whose family income meets established guidelines. Full day, full year head start is also available for families who meet the eligibility requirements for income, and who are working or in training. Services available Monday-Friday; 6:30 a.m. to 5:30 p.m. Morning and afternoon sessions available Monday-Thursday during the school year. Breakfast and lunch served to morning session, lunch and afternoon snack served during afternoon session. Medical and dental care is provided.

Regional Youth Services, Inc...... 812-282-8479
224 E. Court Avenue..... 800-838-3008
Jeffersonville, IN 47130
Youth counseling, therapeutic foster care, treatment program for adolescent sex offenders, victims of sexual abuse support groups and independent living support groups.

The Villages..... 800-822-4888
2405 N. Smith Pike 812-332-1245
Bloomington, IN 47404
The Villages provides child and family services throughout Indiana including therapeutic foster care, adoption, independent living, Healthy Families, family preservation and reunification and counseling. The Villages also provides quality child care and early childhood education through its Children’s Village child care centers. Visit online at: www.villagekids.org

CRISIS SERVICES

Adult Protective Services 812-883-5988
806 Martinsburg Rd., Suite 202 800-992-6978
Salem, IN 47167
Will investigate reports of neglect, abuse, and exploitation of persons 18 and over who cannot make informed decisions. Hours are 8:00 a.m. to 4:00 p.m.

American Red Cross 812-275-5162
2119 29th St.
Bedford, IN 47421
Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance, one-family or community; blood drives; health and safety classes, including CPR and first aid.

Center for Women’s Ministries..... 812-277-0602
819 16th Street
Bedford, IN 47421
Educating women on the Bible, providing a safe place for sharing and bonding. They offer personal and marriage counseling, support groups as interest and need is indicated. Helps women of domestic violence.

Centerstone 800-344-8802
1315 Hillcrest Rd. 812-279-3591
Bedford, IN 47421
Offers consultation, counseling, and therapy

services; case management, life skills, substance abuse programs, and 24-hour crisis services.

Emergency Management 812-277-9680

Lawrence County Complex
Bedford, IN 47421

Manages the County Addressing Project, writes emergency operation plans for any disaster or emergency, provides flood zone information, information about any type of disaster, but no legal aid. Works together with the Federal Emergency Management Agency (FEMA) during a disaster.

Hoosier Hills Pact Crisis Line 888-883-1959

1324 K Street, Suite 25A 812-883-1959
Bedford, IN 47421 812-279-4099

Domestic Violence Crisis telephone lines 24-hours a day, seven days a week. Provide programs that encourage offenders to take responsibility for their actions, involves the victim in the criminal justice process, addresses community needs, works for community safety and provides cost-effective alternatives to incarceration. Hoosier Hills Pact in Salem, Indiana, also offers a domestic violence shelter with hospital/legal advocacy and support groups. They serve Crawford, Harrison, Lawrence, Orange, Washington, and Scott counties in south central Indiana.

Indiana Dept. of Child Services (DCS)

Region 13—Lawrence County

918 16th Street, Suite 100..... 812-277-2044
Bedford, IN 47421

The Department of Child Services protects children and strengthens families through services that focus on family support and preservation. The department administers child support, child protection, adoption and foster care throughout the state of Indiana. The mission of the department is to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes.

Meadows Behavioral Care System

3600 N. Prow Rd. 800-972-4410
Bloomington, IN 47404 812-331-8000

Alcohol and drug treatment programs, emergency consultation, outpatient counseling, free assessments, group therapy, and specialized staff for adult, child, and adolescent. Inpatient and outpatient services are available.

Middle Way House—crisis line 812-336-0846
P.O. Box 95 812-333-7404
Bloomington, IN 47404

Emergency shelter for women and children who are victims of sexual assault and domestic violence. They provide 24-hour crisis line, legal advocacy, crisis intervention, support groups and transitional housing.

National Center on Elder Abuse 800-992-6978
The NCEA serves as a resource center dedicated to the prevention of elder mistreatment.

Youth Services Bureau of Monroe County
615 S. Adams Street 812-349-2506
Bloomington, IN 47403

Emergency youth shelter; crisis intervention. They have youth and family counseling. The Brinkley House Youth Services are open 24 hours a day, seven days a week. Visit online at:

www.youthservicesbureau.net

FIRE DEPARTMENTS

Bedford 9-1-1
Huron Volunteer 812-279-3206
Mitchell—Emergency 812-849-3600
Bedford—Emergency 812-279-2100

AMBULANCES

Bedford Regional Medical Center 812-279-6545
Dunn Memorial Hospital 812-279-2100
..... 812-849-3600

POLICE DEPARTMENTS

Bedford Police Department 812-275-3311
Mitchell Police Department 812-849-2151

EMPLOYMENT & TRAINING

**American Red Cross
(Hoosier Hills Chapter)** 812-275-5162
2119 29th St.
Bedford, IN 47421

CPR and first aid classes, health and safety classes, HIV/AIDS classes, swimming and life-guard training, babysitting classes, prevention of disease transmission, basic aid training, CPR for the professional rescuer, disaster classes, bloodmobiles, assist in disasters such as fires, and provides service to military families.

Bedford Regional Medical Center..... 812-275-1335
2900 W. 16th Street
Bedford, IN 47421
Learn how to initiate cardiopulmonary resuscitation
to save a life with American Heart Association
CPR.

Experience Works..... 800-843-0885
200 East 3rd St. Suite 201..... 812-522-7930
Seymour, IN 47274
Provides low-income seniors age 55 and over the
training they need to find good jobs in their
communities.

Mitchell Library Classes 812-849-2412
1804 Main Street
Mitchell, IN 47446
Monday-Thursday; 9:00 a.m. to 8:00 p.m.
Friday and Saturday; 9:00 a.m. to 5:00 p.m.
Closed Sun.

Free instruction in basic skills and preparation for
GED for adults. For GED test, a person must be 17.

National Able Network, Inc. 800-669-8004
555 S. State Avenue, Suite 373
Indianapolis, IN 46201
Employment training for low income persons 55
years or older.

Success & Opportunity At Reading (SOAR)
1707 N. Shelby St., Suite 107..... 812-896-1515
Salem, IN 47167
They are offering an adult literacy program in
partnership with SOAR! This program is: FREE to
adults who have not acquired basic reading and
survival skills. Confidential one-to-one tutoring
within a supportive environment. A chance for
adults to gain increased confidence and
independence by mastering skills necessary for
everyday life. Visit online at:
www.southcentralcape.orgsoar.shtml

WorkOne Bedford 812-279-4400
918 16th Street, Suite 200
Bedford, IN 47421
Updating job skills, job search, unemployment
compensation and employment services.

FOOD, CLOTHING, RENT, UTILITIES, HOUSEHOLD, ETC.

Bedford Community Care Center.. 812-279-4014
1401 12th St.
Bedford, IN 47421
Hours for the Food Pantry: Tuesday and Thursday
10 a.m. to 12 noon. Hours for the Care Center
Monday-Saturday; 8 a.m. to 5 p.m.

First Assembly of God..... 812-275-4280
2601 27th Street
Bedford, IN 47421
They help with food (food vouchers only), rent, and
utilities.

First Christian Church..... 812-275-4497
1101 15th St.
Bedford, IN 47421
Coats, hats, mittens and gloves for school-age
children; infants through twelfth grade.

God's Place Ministries..... 812-755-4449
8073 State Road 37S
Bedford, IN 47421
Meals, counseling, pantry/store, free food, clothing,
household items for needy. Everything is 25 cents
in their store, excluding furniture which is very
inexpensive. Open Monday and Wednesday;
1:00 p.m. to 6 p.m.

Hauck House Nutrition Site..... 812-279-2356
1305 K Street
Bedford, IN 47421
Congregate meal site for persons 60 and over. Site
hours 10:00 a.m. to 1:00 p.m.; Monday—Friday.
Sign up day before at center for meal next day.

Hoosier Uplands Energy Assistance Program
521 W. Main St..... 812-849-4457
Mitchell, IN 47446 800-333-2451
710 6th St.
Bedford, IN 47421 812-279-0412
Assists with heating and electric bills during fall
and winter for low-income persons.

Indiana Indian Movement 812-279-2335
38 Walnut Heights Road
Bedford, IN 47421
Their food pantry opens when someone calls in
need of food.

Lawrence Co. Division of Family Resources

918 E. 16th Street, Suite 100 800-403-0864
Bedford, IN 47421

Receives applications and approves eligibility for Medicaid, Food Stamps (SNAP), TANF (cash assistance) and childcare. Administers childcare licensing and inspection program. Based on specific qualifications, emergency food stamps may be available within seven days from the date of application. Other households will receive notification of determination within thirty days from the date of application. Secondary Services provided: State Programs - RBA, Children's Special Healthcare Need Services, QMB for Medicare Part B. Can apply at the number listed above or online at: **www.in.gov/fssa**

Lawrence Interfaith Endeavor (LIFE)

1204 I St..... 812-279-4442
Bedford, IN 47421

903 W. Main St..... 812-849-2111
Mitchell, IN 47446

Food pantry, assistance with rent and utilities, budget counseling, Back to School Program (assistance with clothing, school supplies, and book rental). Bedford hours: Monday, Wednesday and Friday; 10 a.m. to 12 p.m., 1 p.m. to 4 p.m. Mitchell hours: Tuesday and Thursday; 10 a.m. to 12 p.m., 1 p.m. to 3 p.m.

Lions Club of Bedford 812-279-2519
12 P Street..... (Sight Program) 812-279-5584
Bedford, IN 47421

Provides eyeglass program for school children. Can build ramps for handicapped and elderly. Provides a loaner hearing aide program in conjunction with the IU Medical Center. Supports community organizations through donations, sponsorships and volunteerism.

Mitchell Wesleyan Church..... 812-849-3033
2nd & Frank
Mitchell, IN 47446

Food Pantry open Monday 8:30 a.m. to 11:30 a.m., 12:30 p.m. to 2:30 p.m.; Friday 1:30 p.m. to 3:30 p.m.

Older Americans Services Corp 812-865-3352
P.O. Box 206 800-258-8786
Orleans, IN 47452

Noon lunches on a donation basis at senior centers for anyone age 60 and over and his or her spouse. Home delivered meals provided to senior citizens

through Hoosier Uplands case management or private pay.

Salvation Army 812-275-5429

1629 K St., P.O. Box 94
Bedford, IN 47421

Regular operating hours: Monday—Wednesday,
Friday: 9:30 a.m. to 12 p.m. and 1:00 p.m. to 4 p.m.

Provides assistance for:

1. Emergency Overnight Accommodations (one night only)—call after 3:30 p.m.; after 4:00 p.m. go to the Lawrence Co. Police Department and they will call shelter.
2. Rent, Mortgage and Utilities—if monetary funds are available and only as funding of last resort.
Can only receive help once a year.
3. Clothing—\$10.00 clothing voucher for those in need to spend at their Thrift Store located at 1921 28th Street in Bedford. All items are inexpensive.
4. Household furnishings—only for those who were involved in a disaster (ex: fire, flooding, tornado).
5. Food—Helps those in need of emergency food. Must call to make an appointment to pick up food.

The Society of St. Vincent DePaul

(answering service)..... 812-279-8555

1723 I Street
Bedford, IN 47421

Emergency financial and clothing assistance available for Bedford and the immediate area. In cases of fire they will help with linens, clothing and dishes. They also provide financial help with utilities, rent and non-narcotic prescription medications.

St. Vincent DePaul Thrift Shop:

914 17th St.

Bedford, IN 47421

Open Monday-Friday 1:00 p.m. to 4:30 p.m. and
Saturday 10:00 a.m. to 1:00 p.m.

TOWNSHIP TRUSTEES

Bono 812-849-3760
Guthrie..... 812-849-9221
Indian Creek 812-277-0017
Marion 812-849-4254
Marshall..... 812-278-9357
Perry 812-279-4208
Pleasant Run..... 812-834-6813
Shawswick..... 812-275-2511
Spice Valley 812-388-6884

HANDICAPPED SERVICES

Children’s Special Health Care Services

Indiana State Dept. of Health 800-475-1355
2 N. Meridian Street, Section 7B
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help families of children who have serious, chronic medical conditions, ages birth to 21 years of age, who meet the program’s financial and medical criteria, pay for treatment related to their child’s condition. The program refers to Indiana children with severe chronic medical conditions.

Family and Social Services Administration (FSSA)

402 W. Washington
P.O. Box 7083
Indianapolis, IN 46207

Deaf and Hard of Hearing Services

(DHHS)..... 800-545-7763

Blind and Visually Impaired Services

(BVIS) 877-241-8144

Bureau of Child Development Services

(BCDS)..... 800-475-8283

Bureau of Developmental Disabilities Services

(BDDS)..... 877-218-3529

Bureau of Rehabilitative Services

(BRS)..... 800 475-8283

For more services and information, visit online at:

www.in.gov/fssa

Hoosier Uplands/Area 15 Agency on Aging

521 W. Main St..... 812-849-4457
Mitchell, IN 47446 800-333-2451

Provides assistance with the application process for the CHOICE, SSBG, TITLE III, and Medicaid Waiver programs for those over age 60 or disabled. These programs offer homemaker, respite care, home delivered meals, and transportation to persons at risk of nursing home placement. Pre-Admission Screening (PAS) assists with placement of an individual in a nursing home or suitable facility when that individual is no longer able to remain at home safely. Wheelchairs are available on a temporary basis from satellite offices. The Angel Foundation grants wishes to terminally ill adults age 18 years or over. Visit online at: **www.hoosieruplands.org**

Indiana Protection and Advocacy Services

4701 N. Keystone, Suite 222 800-622-4845
Indianapolis, IN 46205 317-722-5555
IPAS is a congressionally mandated, legally based

disability rights agency. IPAS has the authority to provide legal representation and other advocacy services, under all federal and state laws to people with disabilities based on a system of priorities. Their mission is to defend the human, legal and civil rights of people with disabilities.

Indiana State Library 866-683-0008
Talking Book and Braille Library 800-622-4970
140 N. Senate Ave.

Indianapolis, IN 46204

Maintains a free loan bank of recorders for visually handicapped persons. Books and magazines have been recorded for use. They also maintain a separate Braille and talking book collection.

Indiana State Steering Committee for ADA

1640 Roosevelt Road, Room 405 800-949-4232
Chicago, IL 60608 312-413-1407

Great Lakes Disability Technical Assistance Center answers questions about the Americans with Disabilities Act. Visit online at:

www.adagreatlakes.org

Older Americans Services Corp. 812-865-3352
P.O. Box 206 800-258-8786
Orleans, IN 47452

Wheelchair lift van available to transport disabled seniors and Medicaid authorized handicapped individuals.

Southern Indiana Center for Independent Living

651 X Street 812-277-9626
Bedford, IN 47421 800-845-6914

Promoting a philosophy of independent living, consumer control, peer support, self-help, self determination, equal access, self empowerment, independence of individuals with disabilities. They serve the counties of Lawrence, Monroe, Orange, Jackson, Washington and Crawford. Their Ombudsman Program investigates and attempts to resolve, through mediation, problems that individuals may have in a nursing home. They give in-service training to the nursing home staff regarding patients rights.

Southern Indiana Center for Independent Living

157 Teke Burton Drive 877-849-6001
Mitchell, IN 47446 812-849-6000

SICIL works with all significant types of disabilities, and all ages. They offer these in-home services: attendant care, homemaker, and respite. They also offer information and referral, independent living skills, peer counseling and advocacy (ombudsman)

with no fee. They promote a variety of outreach activities and promote programs regarding education, recreation, transportation (Lawrence county), and housing for those with disabilities. Hours are Monday—Friday; 8 a.m. to 5 p.m.

Veterans Hospitals:

Louisville VA Medical Center

800 Zorn Ave.502-287-4000
Louisville, KY 40206800-376-8387

Richard L. Roudebush VA Medical Center

1481 W. 10th St.317-554-0000
Indianapolis, IN 46202888-878-6889

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans.

HEALTH SERVICES

American Academy of Ophthalmology

EyeCare America877-887-6327

Their public services programs provide eye care services to the medically underserved and for those at increased risk for eye disease. They are committed to the preservation of sight, accomplishing its mission through public service and education.

American Cancer Society800-227-2345

2201 W. Sudbury Drive, Suite C812-336-8423
Bloomington, IN 47403

Information Center for persons facing cancer. Provides support through “Reach for Recovery” program, transportation to treatments through the “Road to Recovery” program, limited medical supplies and other forms of assistance. Visit online at: **www.cancer.org**

American Lung Association800-586-4872

Lung Helpline800-548-8252

115 West Washington Street
Suite 1180 South
Indianapolis, IN 46204

Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia and tobacco cessation. Visit online at: **www.lungum.org/helpline**

Bedford Regional Medical Center ..812-275-1200

2900 W. 16th Street800-755-3734

Bedford, IN 47421 Ambulance 812-279-6545

Full service hospital with ambulance, asthma clinic,

auxiliary/volunteers, behavioral health, cardiology, community health education, diabetes education, diagnostic imaging, emergency department, gastroenterology, home health care, laboratory, menopause education, neurology, occupational health, oncology, patient services, Protime clinics (Coumadin), rehabilitation, respiratory care, sleep disorders center, surgery, and women's services. Visit online at: www.brmhealthcare.com

CancerCare800-813-4673
275 Seventh Avenue, 22nd Floor
New York, NY 10001

Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers who are especially trained in helping people with cancer cope with the educational, financial, practical and emotional challenges of cancer. Visit online at: www.cancercare.org

Crowder's Healthcare Pharmacy ...812-275-5949
631 16th St.800-439-9007
Bedford, IN 47421

Diabetic Shoppe franchise, hospital equipment and medical supplies, Crowder's institutional pharmacy, and respiratory equipment for the home. Free prescription delivery in Bedford, Oolitic, Mitchell and Orleans. Free blood pressure and blood sugar screenings five days a week, diabetic counseling and needle disposal service.

Dunn Memorial Hospital.....812-275-3331
1600 23rd St.
Bedford, IN 47421

Hospital services include: Cardiovascular (cardiac catheterization), Vascular Services, Cardiac and Pulmonary Rehabilitation, Physical Therapy, Occupational Therapy, Speech and Hearing Therapy, Home Health Care (skilled nursing/aide), Obstetrics, Gynecology, Urology, Walk-In Clinic, Diabetes Clinic, Community Health and Wellness/WIC, Imaging Services, Orthopedics, Sports Medicine, First Steps Program, 24-hour Emergency Services, Lab, Surgical Services, Health Education/Outreach Programs, Women's Health. Visit online at: www.dunnmemorial.org

Dunn Memorial Hospital

Community Health and Wellness Center/WIC

2415 Mitchell Road 812-279-6222
Bedford, IN 47421

They provide primary health care for individuals of all ages in Lawrence and surrounding counties on a sliding fee scale based on income, as well as the WIC supplemental food and nutrition education program. The Community Health and Wellness Center/WIC is open Monday and Wednesday, 8 a.m. to 5 p.m.; Tuesdays and Thursdays, 8 a.m. to 7 p.m.; and Friday, 8 a.m. to 4 p.m.. There is a satellite WIC office in Mitchell at 125 N. 6th Street, 812-849-6342, which is open on Mondays from 8 a.m. to 4:30 p.m..

Hoosier Uplands Home Health Care

500 W. Main St. 812-849-4447
Mitchell, IN 47446 800-827-2219

In-home care under doctor's orders by RN's, LPN's, nurses aides, homemakers, and physical, occupational and speech therapists. Provides extended hours, screenings, respite, IV therapy, medical social services, home health aide and attendant care classes, and education services.

Hoosier Uplands Hospice 812-849-4447

500 W. Main St. 800-827-2219
Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care helps control pain and symptoms affecting the quality of life for those facing incurable illness. Medical Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as "good neighbors" who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one.

Indiana Donated Dental Services ... 800-452-6022

P.O. Box 872 317-631-6022
Indianapolis, IN 46206

Dentists throughout the state have volunteered to provide comprehensive dental care at no charge to people of all ages who, because of a serious disability, advanced age, or medical problems, lack adequate income to pay for needed dental care. There are no rigid financial eligibility requirements. Visit online at: www.nfdh.org

Indiana State Dept of Health317-233-1325

2 N. Meridian Street
Indianapolis, IN 46204

The Indiana State Department of Health supports Indiana's economic prosperity and quality of life by promoting, protecting and providing for the health of Hoosiers in their communities.

Office of Minority Health317-233-8499

Office of Women's Health.....317-233-9246

Environmental Public Health Dept.317-233-1325

For all other areas of information, call the number listed above or visit online at: **www.state.in.us/isdh**

Lawrence County Cancer Patient Services

1619 N Street812-279-5767
Bedford, IN 47421

Assistance includes : food supplements (Boost or Ensure), transportation to treatments or physician, medical supplies, wigs after chemotherapy, medical equipment (wheelchairs, walkers or commodes), prosthesis and bras after surgery, mammogram or PSA tests, medicine (limited), limited amount for personal needs (utilities, etc.), cheer baskets.

Lawrence County Health Department

2419 Mitchell Rd812-275-3234
Bedford, IN 47421

The Health Department is open daily (Mon-Fri) 8:30 a.m. to 4:30 p.m. Vaccinations available for children: child immunizations, flu and pneumonia. Cost is \$8.00 administrative fee; no charge for the vaccine. If you can not pay for the administrative fee, it will be waived—NO CHILD will be turned away who is in need. Vaccinations available for adults: Hepatitis A, Hepatitis B, Hepatitis AB Combination. Tests—TB. Cost is \$8.00 administrative fee plus the cost of the vaccine. Quarterly tests by “Positive Links” (Bloomington Hospital) at the Lawrence County Health Department include Hepatitis B, Hepatitis C, HIV and Syphilis. Call the number above and dial extension “13” or the Immunization Clerk to set-up an appointment time or to find out when the next “Positive Links” quarterly tests will be given.

National Kidney Foundation of IN....800-382-9971

911 E. 86th Street, Suite 100
Indianapolis, IN 46240

Limited financial aid for medication, medical alert tags and education.

Planned Parenthood of Indiana812-279-3527
717 Lincoln Ave. #G
Bedford, IN 47421
Pregnancy and PAP tests, STD (male and female) testing and treatment, pelvic and breast exams, contraceptive dispensing. Open Tuesday 11 a.m. to 7 p.m.; Wednesday and Friday, 9 a.m. to 5 p.m.

Pregnancy Care Center812-275-2827
1629 Central Avenue
Bedford, IN 47421
Free pregnancy tests, counseling, resources for prenatal and postnatal care and the entire birth experience, guidance in meeting medical, financial and housing needs. Baby and maternity clothing for loan. Resources available for teenagers on dating and relationships, education on STD's and abstinence. Hours: Monday and Thursday 10 a.m. to 5 p.m.; Tuesday 1 p.m. to 8 p.m.; Wednesday 1 p.m. to 5 p.m.; Friday (closed); Saturday 10 a.m. to 12 Noon.

Prevent Blindness Indiana800-232-2551
70 E. 91st St., Suite 204.....317-815-9943
Indianapolis, IN 46240
The Gift of Vision program matches eye care professionals around the state with individuals who need and who cannot afford eye care. You must be low income and uninsured to be eligible. Many eye care professionals are able to donate eyewear, but they have resources available just in case. Most eye care professionals will provide follow-up care for those with more serious diseases or disorders. At times, they may be able to find resources for eligible clients for surgery. Visit online at:
www.preventblindness.org

Seniors EyeCare Program.....800-222-3937
The Seniors EyeCare Program ensures that every senior has access to medical eye care and promotes annual, dilated eye exams. It raises awareness about age-related eye disease, including cataracts, provides free eye care educational materials and facilitates access to eye care – at no out-of-pocket cost. Eyeglasses, prescription drugs, hospital services, and fees of other medical professionals are not included in this program.

Senior Smile Program812-849-4457
(Indiana Dental Assoc.)800-562-5646
401 W. Michigan St., Suite 1000
Indianapolis, IN 46202
Provides referrals to participating dentists who offer

reduced rates to low-income persons 65 and older who must meet income guidelines and do not have private dental insurance or Medicaid. To apply for this program, contact Hoosier Uplands “Information and Referral.”

HOUSING

Cambridge Square812-279-6661
1941 Plaza Dr.
Bedford, IN 47421
Must be 62 years or older/disabled. Government subsidized.

Camelot Court812-849-2158
1140 Camelot Drive #17
Mitchell, IN 47446
Must be 62 years or older, handicapped or disabled. Government subsidized.

Clover Park I and II
I—2608 Sanders Lane
Bedford, IN 47421812-279-8979
II—2605 Clover Lane.
Bedford, IN 47421812-279-8404
Any age and pets welcome. Has laundry facilities.

Elm Park I and II
I—1204 Elm Park Drive
Mitchell, IN 47446812-849-4855
Complex for adults only with ages over 60 preferred.
II—1325 Elm Park II
Mitchell, IN 47446812-849-6339
Complex welcomes all ages; on site laundry; 32 apartments (20 2-bedroom and 22 1-bedroom)

Housing Authority of Bedford812-279-2356
1305 K St.
Bedford, IN 47421
Hauck House for low-income senior citizens and disabled persons. Section 8 for elderly and low-income.

Hoosier Uplands/Housing Counseling
500 W. Main812-849-4447
Mitchell, IN 47446800-827-2219
Hoosier Uplands Housing Counseling provides information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Section 8 program assists low income families with acquiring and paying for rental housing.

Midtown Suites812-849-4639
122 North 6th Street
Mitchell, IN 47446
There are four, one bedroom apartments recently remodeled and very affordable to income eligible persons.

Persimmon Park Apartments812-849-4639
406 Wade Street
Mitchell, IN 47446
There are 56 units with 2 bedroom apartments. They have a common laundry facility. Subsidized apartments are available for income eligible persons.

Pioneer Creek Apartments812-849-1414
100 Pioneer Lane
Mitchell, IN 47446
There are 28 units made up of 1, 2 and 3 bedroom apartments with many innovative features – washer/dryer hookups, mini blinds and dishwashers. There are income restrictions; any age welcome.

Rainbow Hills Apartments812-279-9677
2212 S. M St.
Bedford, IN 47421
For moderate income families or seniors and Section 8 housing certificates accepted. There are washer and dryer hook ups in each apartment. NO pets allowed.

Shawnee Apartments812-275-8314
100 Shawnee Lane
Bedford, IN 47421
There are 56 units made of 1, 2 and 3 bedroom apartments with many innovative features – washer/dryer hookups, mini blinds and dishwashers. There are income restrictions; any age welcome.

USDA Rural Development812-334-4318
1931 Liberty Drive
Bloomington, IN 47403
Provides loans to low and very low-income applicants to buy or build a home. Also loans at low interest rates or grants to eligible applicants for the purpose of making necessary repairs to remedy health and safety hazards.

LEGAL SERVICES

Hoosier Uplands812-849-4457
521 W. Main St.800-333-2451
Mitchell, IN 47446
Provides free legal services to persons 60 and over. Civil matters only, including wills, powers of

attorney, etc; no litigation. Program subject to yearly funding.

Indiana Attorney General's Office

Indiana Government Center South317-232-6201
302 W. Washington St.
Indianapolis, IN 46204

The Attorney General helps to protect the rights, freedoms and safety you enjoy as a citizen of our Hoosier state.

Consumer Protection Division.....800-382-5516
ID Theft Unit800-382-5516
Telephone Privacy Division.....888-834-9969
Medicaid Fraud Control Unit.....800-382-1039
Patient Abuse & Neglect Program.....800-382-1039
Unclaimed Property Division866-462-5246

Indiana Legal Services, Inc.812-339-7668
214 S. College Ave.800-822-4774
Bloomington, IN 47404

Provides legal advice and representation for civil matters such as domestic problems, housing issues, social security, SSI, Medicaid, Medicare, Family Services, etc. Free services to low-income persons (250% of the poverty guidelines or below). Office Hours Monday-Friday; 8:30 a.m. to 5:00 p.m. Phone applications taken on Tuesdays 1:30 p.m. to 4:30 p.m. and on Thursdays 10 a.m. to 1:00 p.m.

OLDER ADULT

Adult Protective Services812-883-5988
806 Martinsburg Rd., Suite 202.....800-992-6978
Salem, IN 47167

Will investigate reports of neglect, abuse, and exploitation of persons 18 and over who cannot make informed decisions. Hours are 8:00 a.m. to 4:00 p.m.

Bedford Regional Medical Center..812-275-1200
2900 W. 16th St.(Volunteers) 812-275-1363
Bedford, IN 47421

Senior Volunteers (ages 50 and over) are utilized in numerous areas throughout the healthcare system. Information and discounts available on some hospital services.

Duke Energy800-521-2232
1000 East Main St.....317-838-1485
Plainfield, IN 46168

Adjusted Due Date - changes the electric bill due date until after Social Security checks arrive. Friend Alert will notify someone (of your choosing),

if your electric bill is late. Helping Hand Program: available to eligible (low-income seniors and disabled) Duke Energy customers in Indiana during the Winter; this program lends a “helping hand” to customers who are least able to cope with winter electric bills. Additional services include: budget billing, large print bills, energy assistance program, life support (for customers who use electrically powered life support equipment). Contact your local service office. Visit online at:

www.duke-energy.com/indiana.asp

Dunn Memorial Hospital.....812-275-3331

1600 23rd St.

Bedford, IN 47421

Hospital services include: Cardiovascular (Cardiac Catheterization), Vascular Services, Cardiac and Pulmonary Rehabilitation, Physical Therapy, Occupational Therapy, Speech and Hearing Therapy, Home Health Care (Skilled Nursing/Aide), Behavioral Health including Alzheimer’s Care, Obstetrics, Gynecology, Urology, Walk-In Clinic, Wellness/WIC, Diabetes Clinic, Community Health and Imaging Services, Orthopedics, Sports Medicine, First Steps Program, 24-hour Emergency Services, Lab, Surgical Services, Health Education/Outreach Programs, Women’s Health. Visit online at:

www.dunnmemorial.org

Hoosier Uplands/Area 15 Agency on Aging

521 W. Main St.....812-849-4457

Mitchell, IN 47446.....800-333-2451

Case Management provides assistance with the application process for CHOICE, Medicaid Waiver, and SSBG programs. These programs offer homemaker, respite care, home delivered meals and transportation to persons at risk of nursing home placement. Pre-Admission Screening (PAS) assists with placement of an individual in a nursing home or suitable facility when that individual is no longer able to remain in their home safely. Wheelchairs are available on a temporary basis from satellite offices. The Angel Foundation grants wishes to terminally ill adults 18 years of age and over. Visit online at:

www.hoosieruplands.org

Medicare Peer Review Organization

Healthcare Excel.....812-234-1499

P.O. Box 3713

Terre Haute, IN 47803

Provides general Medicare and hospital care information. Takes quality of care complaints.

National Center on Elder Abuse (NCEA)
.....800-992-6978

The NCEA serves as a resource center dedicated to the prevention of elder mistreatment.

Older Americans Services Corp.812-865-3352
P.O. Box 206.....800-258-8786
Orleans, IN 47452

Provides noon meals at senior centers, home delivered meals, transportation, homemaker services, attendant care, periodic travel and sightseeing to senior citizens.

SENIOR CENTERS / NUTRITION SITES

Hauck House.....812-279-2356
1305 K Street
Bedford, IN 47421

Bedford Senior Citizens.....812-279-5473
2205 Washington Ave.
Bedford, IN 47421

Mitchell Senior Citizens.....812-849-2024
101 Tom Green Blvd.
Mitchell, IN 47446

The centers are a place for seniors to gather to socialize and share a noon meal. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips. Call a day in advance if you want a meal.

Southern Indiana Center for Independent Living
651 X Street812-277-9626
Bedford, IN 47421800-845-6914

Their Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. They also give in-service training to the nursing home staff regarding patients rights.

Veterans Affairs Office.....812-275-6411
Court House Basement Rm. 9
Bedford, IN 47421

Provides information about and assistance with pensions, compensation, education, VA forms, hospitals, and nursing homes for veterans and their spouses. For status of claims in progress you can call the local office Monday-Thursday, 8:30 a.m. to 4:30 p.m.; Friday, 8:30 a.m. to 12:00 p.m. (Noon).

RECREATIONAL / CULTURAL

Bedford Parks Department

..... 812-275-5692 / 812-275-1650
Thornton Park 812-275-6753
1102 16th Street
Bedford, IN 47421

Our summer programs run 3 sessions, the first starting in June and the last ending in August, the fall/winter activities run from October to the middle of December. Come by the office and pick up a pamphlet that shows all the activities with their dates and times. Visit online at:

www.bedford.in.us or www.otisparkgolf.com

Bedford Public Library 812-275-4471
1323 K St.
Bedford, IN 47421

Summer Reading Program, spring and fall story hours for children, Winter Reading Program, computers, videos, educational and recreational software, reference service, diverse collection of printed materials including books, large print materials, magazines, newspapers, and books on tape and CD.

Boy Scouts of America 812-336-6809
5625 E. State Road 46..... 800-844-6809
Bloomington, IN 47401

The purpose of the Hoosier Trails Council of the Boy Scouts of America is to provide an educational program for boys and young adults to build character, to train in the responsibilities of participating citizenship, and to develop personal fitness.

Girl Scouts of USA 812-336-6804
P.O. Box 5485..... 800-467-6804
Bloomington, IN 47407

The Tulip Trace Council, Inc. of the Girl Scouts of USA offers Girl Scouting for every girl, everywhere — where today's girls can become tomorrow's leaders. Membership in Girl Scouts is open to girls ages 5-17; women and men over 17 years of age can join as adult members.

Hoosier Uplands/Area 15 Senior Games

521 W. Main Street..... 812-849-4457
Mitchell, IN 47446..... 800-333-2451

Senior Games is an annual event held in September for individuals 50 and over. Competition includes dancing, card games, golf, horseshoe throw and others with medals presented for 1st, 2nd, and 3rd places.

- Limestone Girls Club**.....812-279-6123
 512 P St.
 Bedford, IN 47421
 Programs for Lawrence County girls, ages 5 to 18.
- Little Theatre of Bedford**812-279-3009
 1704 S St.
 Bedford, IN 47421
 Call for listing of upcoming shows.
- Mitchell Opera House**.....812-849-2337
 7th and Brook Streets
 Mitchell, IN 47446
 Call for listing of upcoming shows.
- Mitchell Public Library**812-849-2412
 804 Main Street
 Mitchell, IN 47446
 Summer Reading Program for children.
- Older Americans Services Corp.**812-865-3352
 P.O. Box 206.....800-258-8786
 Orleans, IN 47452
 Organizes sightseeing trips for senior citizens.
 See also Senior Centers in the Older Adult section.
- Spring Mill Inn**.....812-849-4081
 3333 Highway 60E
 Mitchell, IN 47446
 Call for information on scheduled cultural arts events.
- Thornton Memorial Boys Club**812-275-2235
 1830 16th St.
 Bedford, IN 47421
 A public youth organization for boys ages 5-18.

SUPPORT SERVICES

- American Red Cross**.....812-275-5162
 2119 29th St.
 Bedford, IN 47421
 Notification to active duty military personnel of death, serious illness or circumstances of immediate family members; disaster assistance, one-family or community. Provides health and safety services.
- Center for Women’s Ministries**812-277-0602
 819 16th Street
 Bedford, IN 47421
 Educating women on the Bible, providing a safe place for sharing and bonding. They offer personal and marriage counseling, support groups as interest and need is indicated. Helps women of domestic violence.

Centerstone800-344-8802
1315 Hillcrest Rd.812-279-3591
Bedford, IN 47421
Offers consultation, counseling, and therapy services; case management, life skills, substance abuse programs, and *24-hour crisis services*.

Hoosier Uplands812-849-4457
521 W. Main St.800-333-2451
Mitchell, IN 47446
710 6th St.812-279-0412
Bedford

Administers the Head Start Preschool Program for low-income children; Economic Development to foster improved living standards; Weatherization, energy conservation measures provided in individual homes; Pre-Admission Screening to prevent inappropriate nursing home placement; Respite Care to provide relief to an unpaid caregiver; Homemaker Services to those unable to maintain their homes; In-Home Services to prevent premature institutionalization; Family Services; and a Budget Counseling Program designed to assist low-income families who are highly motivated to become self-sufficient. Participants in this program work intensively with a counselor who stresses positive self-esteem and assists in decision-making. Visit online at: **www.hoosieruplands.org**

Hoosier Uplands Budget Counseling
500 W. Main St.812-849-4447
Mitchell, IN 47446800-827-2219

Hoosier Uplands provides information and guidance and/or legal representation for people who need assistance in obtaining and responsibly using credit, obtaining or correcting information in their credit reports, reducing their debt burden, managing their financial resources more effectively, or paying their bills in an orderly way. These services are free. Office hours are Monday-Friday; 8 a.m. to 4:30 p.m. Call to make an appointment. Visit online at: **www.hoosieruplands.org**

Hoosier Uplands Hospice812-849-4447
500 W. Main St.800-827-2219
Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care helps control pain and symptoms affecting the quality of life for those facing incurable illness. Medical Social Services help clients cope with social, emotional, and financial upheaval. A spiritual

counselor is available to address spiritual needs and concerns. Volunteers offer support as "good neighbors" who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org

Hoosier Uplands Mortgage Default Counseling
500 W. Main Street812-849-4447
Mitchell, IN 47446

Hoosier Uplands Housing Counseling provides information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. These services are free. Office hours are Monday-Friday; 8 a.m. to 4:30 p.m. Call to make an appointment. Visit online at: www.hoosieruplands.org

Hoosier Uplands/The Angel Foundation
521 W. Main Street800-849-4457
Mitchell, IN 47446800-333-2451

The mission of *The Angel Foundation* is to facilitate the fulfillment of a lifelong dream or wish for ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A lifelong dream or wish may consist of any realistic request, which will make a significant difference in the individual's physical, emotional, or spiritual well-being. The commitment of *The Angel Foundation* is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online at: www.hoosieruplands.org

LARC (Stone Belt of Lawrence County)
712 Stars Blvd.812-279-3229
Bedford, IN 47421

Day programs, evaluation, counseling, training, sheltered workshops, community work for developmentally disabled adults and semi-independent living programs.

Meadows Behavioral Care System
3600 N. Prow Rd.800-972-4410
Bloomington, IN 47404812-331-8000
Outpatient counseling center—individual, family, and group sessions.

Options, Inc.812-277-0333
1515 G. Street
Bedford, IN 47421
Bloomington Main Office812-332-9615
200 East Winslow Road
Bloomington, IN 47401

It is our mission to partner with people with disabilities and their communities to bring about self-directed and fulfilled lives. Options provides holistic services to assist individuals achieve their desired lifestyle including housing, rewarding employment, fulfilling relationships, and active citizenship in communities throughout Southern Indiana. Options' Services are accredited by CARF, a private, not-for-profit organization that promotes quality rehabilitation services by establishing standards for programs and services. The services that have received this distinction include: community living, community integration, host family services, respite services, job development, job supports, and job-site training.

Regional Youth Services812-282-8479
224 E. Court Ave.800-838-3008
Jeffersonville, IN 47150

Youth counseling, therapeutic foster care, victims of sexual abuse support groups, and independent living support groups.

Support Groups812-849-4457
.....800-333-2451

For a listing of support groups available to Lawrence County residents, call Hoosier Uplands [ADRC/Information & Referral Services](#).

TRANSPORTATION

American Cancer Society (Road To Recovery)
Free service—24 hours notice.800-227-2345
Transports cancer patients to medical appointments.

Baker Transportation, Inc.812-883-4307
Accepts Medicaid / Private Insurance Medical
Transportation, Ambulatory, CASA Cab, Workers
Comp Insurance Transportation.

Blue River Services812-738-7461
.....800-654-5490

Includes fixed and demand responsive routes, commercial, and medical transportation designed to meet the needs of the elderly, disabled, children, and adults of Southern Indiana. Transportation

provided throughout Indiana and the Louisville metropolitan area.

Lawrence County Cancer Patient Services

Free service—24 hours notice812-279-5767

Transports cancer patients to medical appointments.

Lawrence County Public Transit....888-259-8773

Hearing Impaired812-277-9627

615 X Street812-277-9615

Bedford, IN 47421

Provides accessible transportation for all disabled persons for a nominal fee each time they get on bus. They provide a Bloomington shopping trip every Wednesday. Hours are Monday—Friday; 6 a.m. to 5 p.m.

Mitchell City Bus.....812-849-2151

Calls for transportation are taken by the Mitchell Police Department at the number above. Hours are 8:00 a.m. to 4:00 p.m. Wheelchair equipped, demand response system within the city limits.

Older Americans Services Corp.812-865-3352

P.O. Box 206.....800-258-8786

Orleans, IN 47452

Provides Medicaid transportation for anyone with Medicaid eligibility. Provides transportation to seniors age 60 and over for medical trips, shopping and personal business trips. Wheelchair lift vans are also available. Accepts Medicaid, private pay or contract funding.

Orange County Transit Services888-826-2920

.....812-723-4043

948 W. Hospital Rd.

Paoli, IN 47454

Medicaid transportation is provided in Orange County and contiguous counties to doctor's appointments. They will also accept cash or check. The transit office phone line is open Monday through Friday from 8:00 a.m. to 4:00 p.m. If you call after hours, you may leave a message. Please call at least 24 hours in advance to schedule your trip. If you can not call a day ahead, they will make every effort to accommodate your needs.

TASC (Bedford City Bus)812-275-1633

Monday—Friday; 6:00 a.m. to 6:00 p.m.

"Personal Service" bus service within the Bedford City limits. Takes you from your house to your destination, and back again. Call for a ride or wheelchair equipped bus.

SPECIAL INTEREST TOLL-FREE PHONE NUMBERS

Alcohol/Drug Abuse Hotline	800-622-4356
Alzheimer's Association	800-272-3900
American Association of Retired Persons (AARP)	888-687-2277
American Cancer Society	800-227-2345
American Diabetes Association	800-342-2383
Childhelp National Child Abuse Hotline	800-422-4453
Consumer Protection Division	800-382-5516
Disability Determination Bureau	800-622-4968
Eldercare Locator (nationwide).....	800-677-1116
Family Support Services (Food Stamps/TANF).....	800-622-4932
Federal Information Center.....	800-688-9889
Habitat for Humanity.....	800-422-4828
Home Health Complaint Hotline.....	800-227-6334
Indiana Family Helpline.....	800-433-0746
Indiana Medicaid	800-403-0864
Indiana Poison Center.....	800-222-1222
Indiana Resource Center for Autism	812-855-6508
Information and Assistance for Seniors and the Disabled (Central IN)	800-432-2422
Medicare & You	800-633-4227
Medicare Peer Review	800-288-1499
National AIDS Hotline.....	800-232-4636
National Center for Missing or Exploited Children.....	800-843-5678
National Adolescent/Runaway Hotline	800-621-4000
Office of the Long Term Care Ombudsman.....	800-622-4484
Social Security Administration.....	800-772-1213
State of Indiana Government Information	800-457-8283
The American Dietetic Association Nutrition Hotline.....	800-366-1655
Veteran's Administration Regional Office.....	800-827-1000



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521 West Main Street
Mitchell, IN 47446

