

COMMUNITY SERVICE GUIDE FOR ORANGE COUNTY



For further information on
services listed or other services not listed,
please call:

Hoosier Uplands / Area 15 Agency on Aging

INFORMATION & REFERRAL

(812) 849-4457

Or 1-800-333-2451

www.hoosieruplands.org

www.link-age.org



This resource guide was developed
for the benefit of all:

Orange County Residents

We do not claim to have listed all services
available to the community, but hope to have listed
programs which will meet your
most immediate needs.

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INFORMATION & REFERRAL

Hoosier Uplands Information & Referral Services
812-849-4457 or 1-800-333-2451

Main Office
500 W. Main Street
Mitchell, IN 47446

Paoli Office
308 S. Oak Street
Paoli, IN 47454

Aging & Community Services Offices
521 W. Main Street
Mitchell, IN 47446

Chamber of Commerce Offices
French Lick 812-296-2405
Orleans 812-865-3207
Paoli 812-723-4769

CHILDREN'S SERVICES

Childhood Connections866-693-0672
Career Choices812-424-4473
1531 13th Street, Suite 1130
Columbus, IN 47201

Financial Assistance for child care services is available throughout the State of Indiana for those families who meet specific income guidelines. Call Career Choices at the number above for more information.

Children's Special Health Care Services
.....800-475-1355
Indiana State Department of Health...317-233-1325
2 N. Meridian Street, Suite 700
Indianapolis, IN 46204

Assists the family of handicapped children to identify and access community assistance, and financial, recreational, and respite programs. Dedicated to enhancing the continuity of care for a child with special healthcare needs by providing clearly defined and comprehensive care coordination services.

First Steps812-367-1581
301 E. First Street, Suite A
Ferdinand, IN 47532

First Steps of Southern Indiana provides Early Intervention services to children from birth to age three. They serve residents of Orange County. First Steps offers many services; some of which are: Audiology, Developmental Therapy, Speech Therapy, Physical Therapy, Occupational Therapy,

and Service Coordination. Contact the satellite office in Ferdinand, Indiana for more information on eligibility and available services in your area.

Happy Hollow Children's Camp.... 812-988-4900
3049 Happy Hollow Road 317-638-3849
Nashville, IN 47448

One week camp sessions at little or no cost for children ages 7-14 years from financially disadvantaged families that live in the United Way of Central Indiana demographic area, foster children from the state of Indiana and children with moderate to severe asthma from the state of Indiana.

Hoosier Healthwise..... 800-889-9949
Medicaid provider for well and sick child developmental screening available from ages birth to 20 years. Children and teens can receive immunizations, medications and sick care on a sliding fee scale.

Hoosier Uplands Children's Services
Administrative Office 812-849-4447
500 W. Main St..... 800-827-2219
Mitchell, IN 47446

Hoosier Uplands Head Start..... 812-723-4607
308 South Oak St.
Paoli, IN 47454
Monday through Thursday 10 a.m. to 2 p.m. for children ages 3-5 whose family income meets established guidelines. Lunch and an afternoon snack are provided.

Orange County WIC Program 812-723-4131
204 E. Main St..... 800-449-4131
Paoli, IN 47454
Provides nutritional counseling and food vouchers for families with children under the age of 5 years and also expectant mothers. They advocate breast feeding and breast feeding education. Their hours are: Monday and Wednesday 8 a.m. to 5 p.m.; Tuesday 10:30 a.m. to 7:00 p.m.; Friday 9:00 a.m. to 3:00 p.m.

Rainbows End Child Care (Blue River Services)
310 S. Capital Ave..... 812-738-1979
Corydon, IN 47112
Open 6 a.m. to 6 p.m. to children ages 6 weeks to 12 years. Also offers before and after school care. Kindergarten transportation is available. For Corydon school district only.

Regional Youth Services, Inc. 812-282-8479
224 E. Court Avenue 800-838-3008
Jeffersonville, IN 47130
Youth counseling, therapeutic foster care, treatment program for adolescent sex offenders, victims of sexual abuse support groups and independent living support groups.

Ridgebridge Point Children Academy
1329 Applegate Lane 812-283-7908
Clarksville, IN 47129
Daycare for children 6 weeks – 5 years of age. They are also a southern Indiana Rehabilitation Hospital with pediatric therapy services for anyone under 18 years of age.

CRISIS SERVICES

Adult Protective Services 812-883-5988
806 Martinsburg Rd., Suite 202 800-992-6978
Salem, IN 47167
Will investigate reports of neglect, abuse, and exploitation of persons 18 and over who cannot make informed decisions. Hours are 8:00 a.m. to 4:00 p.m.

Albion Fellows Bacon Center 812-424-7273
P.O. Box 3164 800-339-7752
Evansville, IN 47731
Shelter for battered and/or sexually abused women and their children. 24-hour crisis hotline, community education, legal advocacy, sexual assault program, support groups, and referral and advocacy services. Legal advocacy and public speaking presentations available.

American Red Cross 866-599-9951
2119 29th Street 812-279-0081
Bedford, IN 47421
Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance, one-family or community; blood drives; health and safety classes, including CPR and first aid.

Center for Women and Families
1092 Community Way 866-803-7577
Scottsburg, IN 47170 812-752-7996
Assists abused women and their families with temporary shelter, counseling, support groups and information and support for economic success and hospital/court advocacy. 24 hour crisis line. All services are free of charge.

Centerstone800-344-8802
1315 Hillcrest Rd.812-279-3591
Bedford, IN 47421
Offers consultation, counseling, and therapy services; case management, life skills, substance abuse programs, and *24-hour crisis services*.

Crisis Connection800-245-4580
607 3rd Ave., P.O. Box 9038812-245-4580
Jasper, IN 47546
Assists abused women and their children with safe lodging. Provides support groups for women and children, New Babes and Natural Helpers program, and information on legal and financial options. Legal and emergency room advocacy and transportation are available.

Federal Emergency Management Agency
Disaster Assistance800-621-3362
Orange County812-723-7111
Program information: Individuals and small business owners who suffer damages may be eligible for assistance from: The Federal Emergency Management Agency (FEMA), other federal agencies, the Small Business Administration (SBA) and voluntary agencies. The assistance programs are available to those designated disaster areas. Call the toll free number above to apply for disaster assistance.

Hoosier Hills Pact..... Crisis Line 888-883-1959
205 E. Main St., Suite 3812-883-1959
Paoli, IN 47454812-723-2621
Domestic Violence Crisis telephone lines 24-hours a day, seven days a week. Provide programs that encourage offenders to take responsibility for their actions, involves the victim in the criminal justice process, addresses community needs, works for community safety and provides cost-effective alternatives to incarceration. Hoosier Hills Pact in Salem, Indiana, also offers a domestic violence shelter with hospital/legal advocacy and support groups.

Indiana Department of Child Services (DCS)
Region 17—Orange County.....812-723-3616
111 W. Main Street, Suite 2A
Paoli, IN 47454
The Department of Child Services protects children and strengthens families through services that focus on family support and preservation. The department administers child support, child protection, adoption and foster care throughout the state of Indiana. The mission of the department is to protect children

from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes.

National Center on Elder Abuse800-992-6978
The NCEA serves as a resource center dedicated to the prevention of elder mistreatment.

Paoli Friends Meeting House812-723-4207
301 N. Gospel St.
Paoli, IN 47454
Works in conjunction with the Salvation Army.
Services include: disaster services, emergency assistance and emergency financial assistance.

Southern Hills Counseling Center, Inc.
488 W. Hospital Rd.....812-723-4301
Paoli, IN 47454
Emergency after hours877-521-3772
Group and individual treatment programs for drug and alcohol abusers and their families. Outpatient counseling and consultation case management.
They also take 24-hour crisis calls.

Youth Services Bureau of Monroe County
615 S. Adams Street.....812-349-2506
Bloomington, IN 47403
Emergency youth shelter; crisis intervention. They have youth and family counseling. The Brinkley House Youth Services are open 24 hours a day, seven days a week. Visit online at:
www.youthservicesbureau.net

AMBULANCE—EMERGENCY **911**
Bedford Regional Medical Center812-849-4540
Bloomington Hospital of Orange County
.....800-999-4420
.....812-723-2811
Dunn Memorial Hospital.....812-849-4540
.....

FIRE AND RESCUE—EMERGENCY **911**
.....

POLICE—EMERGENCY **911**
French Lick812-936-9811
Orleans812-865-2222
Paoli812-723-2836
.....

SHERIFF **812-723-2417**
.....

EMPLOYMENT & TRAINING

Adult Basic Education..... 812-723-4717
Paoli High School..... 812-723-3905
501 Elm Street
Paoli, IN 47454
Free instruction in basic skills and preparation for
General Education Diploma for age 16 and up.

**American Red Cross
(Hoosier Hills Chapter)**..... 812-275-5162
2119 29th St.
Bedford, IN 47421
CPR and first aid classes, health and safety classes,
HIV/AIDS classes, swimming and life-guard
training, babysitting classes, prevention of disease
transmission, basic aid training, CPR for the
professional rescuer, disaster classes, bloodmobiles,
assist in disasters such as fires, and provides service
to military families.

Experience Works 800-843-0885
200 East 3rd St. Suite 201 812-522-7930
Seymour, IN 47274
Provides low-income seniors age 55 and over
the training they need to find good jobs in their
communities.

National Able Network, Inc. 800-669-8004
555 S. State Avenue, Suite 373
Indianapolis, IN 46201
Employment training for low income persons 55
years or older.

Orange County Extension Service . 812-723-7107
205 E. Main St.
Paoli, IN 47454
Provides the latest information in agricultural
production and management, food purchasing,
storage, and preparation. Home decorating,
consumer concerns and 4-H youth programs.

Success & Opportunity At Reading (SOAR)
1707 N. Shelby St., Suite 107..... 812-896-1515
Salem, IN 47167
They are offering an adult literacy program in
partnership with SOAR! This program is: FREE to
adults who have not acquired basic reading and
survival skills. Confidential one-to-one tutoring
within a supportive environment. A chance for
adults to gain increased confidence and independence
by mastering skills necessary for everyday life.
Visit online: www.southcentralcape.orgsoar.shtml

WorkOne Paoli Express..... 812-723-2359
1075 N. Sandy Hook Rd.
Paoli, IN 47454
Updating job skills, job search, unemployment
compensation and employment services.

**FOOD, CLOTHING, RENT,
UTILITIES, HOUSEHOLD, ETC.**

Backstreet Missions, Inc. 812-333-1905
215 S. Westplex Avenue
Bloomington, IN 47404
Provides weekend meals to local apartment
complex, shelters for homeless men, women and
children, Thrift Store—low cost alternative for
community, Soup Kitchen—Geno’s Cafeteria for
the public (free prepared meals 6 days a week),
Food Pantry and Assistant Outreach—free canned
food, clothing, house and furniture to those in need.

God’s Place Ministries 812-755-4449
8073 State Road 37S
Bedford, IN 47421
Meals, counseling, pantry/store, free food, clothing,
household items for needy. Everything 25 cents in
their store, excluding furniture which is very
inexpensive. Open Monday and Wednesday; 1:00
p.m. to 6 p.m.

Free Medicine Foundation..... 573-996-3333
P.O. Box 125
Doniphan, MO 63935-0125
Nationwide services provided to anyone in need:
prescription assistance on a case by case basis.
Locate free clinics; medical supply and equipment
help. Proof of income and an original prescription
will be needed during the process. Visit online at:
www.freemedicinefoundation.com

Hoosier Uplands Energy Assistance Program
521 W. Main St. 812-849-4457
Mitchell, IN 47446 800-333-2451
308 S. Oak Street..... 812-723-4607
Paoli, IN 47454 800-893-4191
Assists with heating and electric bills during fall
and winter for low-income persons.

Mitchell Wesleyan Church 812-849-3033
2nd & Frank
Mitchell, IN 47446
Food Pantry open Monday 8:30 a.m. to 11:30 a.m.,
12:30 p.m. to 2:30 p.m.; Friday 1:30 p.m. to 3:30 p.m.

Older Americans Services Corp812-865-3352
P.O. Box 206.....800-258-8786
Orleans, IN 47452

Noon lunches on a donation basis at senior centers for anyone age 60 and over and his or her spouse. Home delivered meals provided to senior citizens through Hoosier Uplands case management or private pay.

Orange Co. Division of Family Resources
.....800-403-0864

101 West Main Street
Paoli, IN 47454

Receives applications and approves eligibility for Medicaid, Food Stamps (SNAP), TANF (cash assistance) and childcare. Administers childcare licensing and inspection program. Based on specific qualifications, emergency food stamps may be available within seven days from the date of application. Other households will receive notification of determination within thirty days from the date of application. Secondary Services provided: State Programs—RBA, Children's special Healthcare needs, QMB for Medicare Part B. Can apply at the number listed above or online at: www.in.gov/fssa

Orleans Food Pantry.....812-849-4457

340 S. Main St. Accepts I&R calls only
Orleans, IN 47452 from Hoosier Uplands
Helps any resident in the city of Orleans needing assistance with food. Thursday—8:00 am to 11:00 am. Closed every 3rd Thursday

Orleans Ministerial Food Pantry812-865-2124

1215 West Co. Rd. 640N
Orleans, IN 47452
Helps anyone in need of food assistance in Orange County. Call for request.

Paoli Community Food Pantry812-723-3758

1309 W. Hospital Rd.
Paoli, IN 47454
Hours of operation: Monday, Wednesday and Friday—10:00 a.m. to 12 Noon.

Paoli Friends Meeting House812-723-4207

301 N. Gospel St.
Paoli, IN 47454
Works in conjunction with the Salvation Army. Services include: emergency disaster assistance and emergency financial assistance.

Springs Valley Ministerial Association Food Pantry
 812-936-9616
 They maintain a program that acquires food products through donations, canned food drives, food bank programs or direct purchase and distribute the food to people who are in emergency need of food. Call for request.

TOWNSHIP TRUSTEES

French Lick 812-936-4618
 Greenfield 812-338-2789
 Jackson 812-936-9765
 Northeast 812-865-3965
 Northwest 812-936-4405
 Orangeville 812-865-2340
 Orleans 812-865-2803
 Paoli 812-723-5689
 Southeast 812-365-2516
 Stampers Creek 812-755-5127

HANDICAPPED SERVICES

ADA—Indiana 812-855-6508
 2853 East Tenth Street 800-825-4733
 Bloomington, IN 47408
 The mission of the ADA-Indiana is to serve as a statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana.

Adaptive Mobility, Inc. 800-969-1154
 7040 Guion Rd. 317-347-6400
 Indianapolis, IN 46268
 Provides Durable Medical Equipment (DME), Power Mobility, Home Access, Rehabilitation Ramps.

Blue River Services..... 812-738-2408
 1365 Old Highway 135
 Corydon, IN 47112
 Provides a full range of developmental instruction for children and adults with vocation, job placement, and sheltered employment, as well as supervised group living and alternative families for adults. In-home services are also available.

Children’s Special Health Care Services
Indiana State Dept. of Health..... 800-475-1355
 2 N. Meridian Street, Section 7B
 Indianapolis, IN 46204
 CSHCS provides supplemental medical coverage to help families of children who have serious, chronic

medical conditions, age birth to 21 years of age, who meet the program's financial and medical criteria, pay for treatment related to their child's condition. The program refers to Indiana children with severe chronic medical conditions.

Family and Social Services Administration (FSSA)

402 W. Washington 800-403-0864
P.O. Box 7083

Indianapolis, IN 46207

Deaf and Hard of Hearing Services

(DHHS)..... 800-545-7763

Blind and Visually Impaired Services

(BVIS)..... 877-241-8144

Bureau of Child Development Services

(BCDS) 800-475-8283

Bureau of Developmental Disabilities Services

(BDDS) 877-218-3529

Bureau of Rehabilitative Services

(BRS) 800 475-8283

For more services and information: www.in.gov/fssa

Hoosier Uplands/Area 15 Agency on Aging

521 W. Main St 812-849-4457

Mitchell, IN 47446..... 800-333-2451

Provides assistance with the application process for the CHOICE, SSBG, TITLE III, and Medicaid Waiver programs for those over age 60 or disabled.

These programs offer homemaker, respite care, home delivered meals, and transportation to persons at risk of nursing home placement. Pre-Admission Screening (PAS) assists with placement of an individual in a nursing home or suitable facility when that individual is no longer able to remain in their home safely. Wheelchairs are available on a temporary basis from satellite offices. The Angel Foundation grants wishes to terminally ill adults 18 years of age or over. Visit online at:

www.hoosieruplands.org

Indiana Protection and Advocacy Services

4701 N. Keystone, Suite 222 800-622-4845

Indianapolis, IN 46205

IPAS is a congressionally mandated, legally based disability rights agency. IPAS has the authority to provide legal representation and other advocacy services, under all federal and state laws to people with disabilities based on a system of priorities. Their mission is to defend the human, legal and civil rights of people with disabilities.

Indiana State Library866-683-0008
Talking Book and Braille Library800-622-4970
140 N. Senate Ave.
Indianapolis, IN 46204
Maintains a free loan bank of recorders for visually
handicapped persons. Books and magazines have
been recorded for use. They also maintain a separate
Braille and talking book collection.

Indiana State Steering Committee for ADA
1640 Roosevelt Road, Room 405.....800-949-4232
Chicago, IL 60608.....312-413-1407
Great Lakes Disability Technical Assistance Center
answers questions about the Americans with
Disabilities Act. Visit online at:
www.adagreatlakes.org

Indiana Vocational Rehabilitation Services
611 Bartley812-482-4648
Jasper, IN 47546877-847-9896
Designed to increase employability of physically
and mentally handicapped adults through counseling,
medical service prosthetic devices, education,
vocational training, and more.

Kaiser Home Support Services812-945-6868
P.O. Box 757
New Albany, IN 47150
Provides in-home respite worker to relieve family
for short periods of time.

Louisville VA Medical Center
800 Zorn Ave.502-287-4000
Louisville, KY 40206.....800-376-8387
The veterans hospital provides inpatient/outpatient
medical care, community clinics, emergency
medical care, psychiatric care, alcoholism unit, drug
abuse program, and rehabilitation of physically
handicapped veterans.

Southern Indiana Center for Independent Living
651 X Street812-277-9626
Bedford, IN 47421800-845-6914
Promoting a philosophy of independent living,
consumer control, peer support, self-help, self
determination, equal access, self empowerment,
independence of individuals with disabilities.

Southern Indiana Center for Independent Living
157 Teke Burton Drive.....877-849-6001
Mitchell, IN 47446.....812-849-6000
SICIL works with all significant types of disabilities,
and all ages. They offer in-home services such as

attendant care, homemaker, and respite. They also offer information and referral, independent living skills, peer counseling and advocacy (ombudsman) with no fee. They promote a variety of outreach activities and promote programs regarding education, recreation, transportation (Lawrence county), and housing for those with disabilities. Hours are Monday—Friday; 8 a.m. to 5 p.m.

HEALTH SERVICES

American Academy of Ophthalmology

EyeCare America..... 877-887-6327

Their public services programs provide eye care services to the medically underserved and for those at increased risk for eye disease. They are committed to the preservation of sight, accomplishing its mission through public service and education.

American Cancer Society 800-227-2345

2201 W. Sudbury Drive, Suite C 812-336-8423
Bloomington, IN 47403

Information Center for persons facing cancer. Provides support through “Reach for Recovery” program, transportation to treatments through the “Road to Recovery” program, limited medical supplies and other forms of assistance. Visit online at: **www.cancer.org**

American Lung Association..... 800-586-4872

Lung Helpline 800-548-8252
115 West Washington Street
Suite 1180 South
Indianapolis, IN 46204

Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia and tobacco cessation. Visit online at: **www.lungum.org/helpline**

Bloomington Hospital of Orange County

Community Outreach Program 800-999-4420

642 W. Hospital Road 812-723-2811
Paoli, IN 47454..... 812-936-2811

Provides a variety of community services including a monthly health screening, annual flu vaccination clinics, a diabetic support group, tobacco cessation and education programs (ext. 7474), health career info, a car seat fitting station, CPR, First Aid, AED and Universal Precautions classes, an annual poison prevention program (ext. 7571). They also counsel

people on Medicare questions on the prescription plans, Medi Gap, Medicare Health plans and Ship (Senior Health Insurance Program).

Visit online at: www.bhoc.org

Bloomington Hospital of Orange County

642 W. Hospital Rd. 800-999-4420

Paoli, IN 47454..... 812-723-2811

French Lick / West Baden, IN 812-936-2811

BHOC offers a broad range of traditional inpatient and outpatient hospital services as well as providing ambulance services to the community through a contract with the Orange County Commissioners. These services include: lab, x-ray, surgery, 24-7 physician staffed ER, respiratory therapy, rehab therapy – including occupational, physical and speech therapy, sleep studies and ultrasound studies are all offered. BHOC maintains a birthing center named The New Life Center. It is a modern, well equipped and nicely decorated obstetrical unit containing LDRP rooms, which means that patients and families normally have the convenience of remaining in the same room throughout their birthing stay. They labor, deliver, recover and then continue their postpartum stay in this room (exception would be if the mother needed a C-section, and those are performed in the surgery suite). There is even a large Jacuzzi tub to help moms relax. This often facilitates the laboring process. Visit online at: www.bhoc.org

Bloomington Hospital of Orange County

Family Practice Physicians Include:

John W. Collier, M.D 812-936-7720

Marion L. Hagan, M.D. 812-936-4515

Jose Lopez, M.D. 812-865-3400

Luke B. Mosemann, M.D. 812-865-3350

Dan O'Brien, D.O. 812-865-3350

Curtis C. Thill, M.D. 812-365-3221

Matt Waldron, M.D. 812-936-2425

John Waldron, M.D. 812-723-3944

Yolanda Yoder, M.D. 812-723-3944

Visit online at: www.bhoc.org

Bloomington Hospital of Orange County

Visiting Specialist Clinic..... 800-999-4420

642 W. Hospital Rd 812-723-7459

Paoli, IN 47454..... 812-936-2811

This clinic was established to make it easy and convenient for Orange County residents to access high quality specialty and sub-specialty physician care without having to drive to Bloomington,

Indianapolis, New Albany or Louisville. This clinic brings the specialists to you right here at BHOC. Appointments are available for cardiology, gastroenterology, general surgery, genetic testing, Ob/Gyn, oncology, otolaryngology, pain management, plastic and reconstructive surgery, podiatry, retinology, and urology. To schedule an appointment or inquire about a particular specialty, please call 723-7459, 723-7484 or 723-7475 between 8 a.m. and 4:30 p.m.; Monday—Friday. Visit online at: www.bhoc.org

CancerCare800-813-4673
275 Seventh Avenue, 22nd Floor
New York, NY 10001

Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers who are especially trained in helping people with cancer cope with the educational, financial, practical and emotional challenges of cancer. Visit online at: www.cancercare.org

Dunn Memorial Hospital.....812-275-3331
1600 23rd St.
Bedford, IN 47421

Hospital services include: Cardiovascular (cardiac catheterization), Vascular Services, Cardiac and Pulmonary Rehabilitation, Physical Therapy, Occupational Therapy, Speech and Hearing Therapy, Home Health Care (skilled nursing/aide), Obstetrics, Gynecology, Urology, Walk-In Clinic, Diabetes Clinic, Community Health and Wellness/WIC, Imaging Services, Orthopedics, Sports Medicine, First Steps Program, 24-hour Emergency Services, Lab, Surgical Services, Health Education/Outreach Programs, Women’s Health. Visit online at: www.dunnmemorial.org

Healthy Indiana Plan.....877-438-4479

HIP is for uninsured Hoosier adults between the ages of 19-64. Parents or caretaker relatives of children in the Hoosier Healthwise program are likely candidates for HIP. A pre-existing or high-risk medical condition has no effect on eligibility. HIP offers full health benefits including hospital services, mental health care, physician services, prescriptions, diagnostic exams and disease management. A minimum of \$500.00 in preventive services are free. Cost for plan is based on income. Visit online at: www.HIP.in.gov

Hoosier Uplands Home Health Care

500 W. Main St.812-849-4447

Mitchell, IN 47446800-827-2219

In-home care under doctor's orders by RN's, LPN's, nurses aides, homemakers, and physical, occupational and speech therapists. Provides extended hours, screenings, respite, IV therapy, medical social services, home health aide and attendant care classes, and education services. Visit online at:

www.hoosieruplands.org

Hoosier Uplands Hospice.....812-849-4447

500 W. Main St.800-827-2219

Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care helps control pain and symptoms affecting the quality of life for those facing incurable illness.

Medical Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as "good neighbors" who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: **www.hoosieruplands.org**

Indiana Donated Dental Services...800-452-6022

P.O. Box 872317-631-6022

Indianapolis, IN 46206

Dentists throughout the state have volunteered to provide comprehensive dental care at no charge to people of all ages who, because of a serious disability, advanced age, or medical problems, lack adequate income to pay for needed dental care. There are no rigid financial eligibility requirements. Visit online at: **www.nfdh.org**

Indiana State Dept of Health.....317-233-1325

2 N. Meridian Street

Indianapolis, IN 46204

The Indiana State Department of Health supports Indiana's economic prosperity and quality of life by promoting, protecting and providing for the health of Hoosiers in their communities.

Office of Minority Health317-233-8499

Office of Women's Health317-233-9246

Environmental Public Health Dept. ...317-233-1325

For all other areas of information, call the number listed above or visit online at: **www.state.in.us/isdh**

Indiana Vocational Rehabilitation Services

611 Bartley St.812-482-4648

Jasper, IN 47546877-847-9896

Designed to increase employability of physically and mentally handicapped adults through counseling, medical service, prosthetic devices, education, vocational training and more.

Jubilee Community Health Inc.....812-723-0150

202 Cherry Street

Paoli, IN 47454

French Lick/West Baden812-936-2811

Jubilee Clinic exists to serve individuals without insurance. They provide basic, routine, family practice, and comprehensive care to individuals without insurance. Fees are based on income and family size. Patients are asked to self-identify their fee category, from guidelines based on federal poverty levels. Generally, two-thirds of our patients qualify for our minimum charge of \$15.00 for an office visit. Patients in higher income categories pay \$20.00 - \$30.00.

Louisville VA Medical Center

800 Zorn Ave.502-287-4000

Louisville, KY 40206800-376-8387

The veterans hospital provides inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans.

National Kidney Foundation of IN.800-382-9971

911 E. 86th Street, Suite 100

Indianapolis, IN 46240

Limited financial aid for medication, medical alert tags and education.

Orange County Health Department

205 E. Main St.812-723-3600

Paoli, IN 47454

Public health nursing includes immunizations, communicable disease follow-up, child health information, and information on Sudden Infant Death Syndrome.

Orleans Healthcare Center812-865-1761

703 N. Maple Street.

Orleans, IN 47452

Offers convenient healthcare for Orange and surrounding counties. Accepts appointments and walk-ins. Orleans Healthcare Center is backed by

Dunn Memorial. Treats acute episodic injuries and illness' when your primary physician is unavailable.

Patoka Family Healthcare Center ..888-425-9298

7609 W. Eckerty Road, P.O. Box 168
Eckerty, IN 47116812-338-2924

The clinic provides basic ambulatory medical care for the entire family. Including but not limited to: history, physicals, diagnosis, therapeutic prescriptions and treatment, immunizations, minor "office" surgery, patient education and monitoring, in house CLIA Lab tests, heart monitoring and referral service. Forms of payment: private insurance, Medicare, Medicaid, private pay, or sliding fee scale.

Planned Parenthood of Indiana (Bedford)

717 Lincoln Ave. #G.....812-279-3527
Bedford, IN 47421

Provides services for all reproductive health care, female and male clients, birth control, infections, pregnancy testing, HIV testing, STD screening, pap smears, and emergency contraception.

Seniors EyeCare Program800-222-3937

The Seniors EyeCare Program ensures that every senior has access to medical eye care and promotes annual, dilated eye exams. It raises awareness about age-related eye disease, including cataracts, provides free eye care educational materials and facilitates access to eye care – at no out-of-pocket cost. Eyeglasses, prescription drugs, hospital services, and fees of other medical professionals are not included in this program.

Senior Smile Program.....812-849-4457

(Indiana Dental Assoc.).....800-562-5646
401 W. Michigan St., Suite 1000
Indianapolis, IN 46202

Provides referrals to participating dentists who offer reduced rates to low-income persons 65 and older who must meet income guidelines and do not have private dental insurance or Medicaid. To apply for this program, contact Hoosier Uplands "Information and Assistance."

Southern Hills Counseling Center

488 W. Hospital Road..... crisis line: 800-883-4020
Paoli, IN 47454812-723-4301

They provide mental health counseling, addictions treatment, rehabilitative day treatment, and case management services for adults and children.

HOUSING

Camelot Court Apartments
2nd & Harding Street
Orleans, IN 47452 812-849-2158
556 S. Maple Street
French Lick, IN 47432 812-936-2800
Must be 62 years or older, handicapped or disabled.
Government subsidized.

Country Place Apartments 812-723-4584
199 W. Wainwright Rd., Apt. 31
Paoli, IN 47454
All ages welcome – subsidized/non-subsidized and
handicapped accessible.

Edgewood Terrace Apartments 812-936-7166
1011 S. Edgewood Drive
French Lick, IN 47432
These apartments are for families in the very low
to moderate income bracket.

Hamilton Oaks Apartments 812-936-4665
9673 West State Road 56
French Lick, IN 47432

Hoosier Uplands/Housing Counseling
500 W. Main..... 812-849-4447
Mitchell, IN 47446 800-827-2219
Hoosier Uplands Housing Counseling provides
information for persons experiencing landlord-tenant
problems, financial difficulties, and mortgage
default/rental delinquency counseling. Section 8
program helps low-income families acquire and pay
for rental housing. Visit: www.hoosieruplands.org

Lost River Apartments 812-865-3653
6402 North Vance Street
Orleans, IN 47452
All ages welcome. Rent is based on income.

Oak Park Apartments..... 812-865-2555
151 East Harrison Street
Orleans, IN 47452

Paoli Heights 812-723-4000
176 East Hospital Road
Paoli, IN 47454
All ages welcome.

Pleasant View..... 812-936-4257
743 North Habig Lane
West Baden Springs, IN 47469
Age 62 and older or disabled.

School View Apartments812-936-7390
8453 W. College Street
French Lick, IN 47432
Age 62 or older or disabled.

USDA Rural Development812-482-1171
1484 Executive Blvd. Ext. 4
Jasper, IN 47546
Subsidized home repair and mortgage loans.
Water, sewer, and business loans are available.
Safety hazard removal is also available.

Westgate Manor I and II812-865-2555
I—500 West Harrison St.
II—585 West Harding St.
Orleans, IN 47452
All ages welcome. Wheelchair accessible. Rent is
based on income.

Windsor Manor Apartments812-723-3201
1200 North Daniel Lane
Paoli, IN 47454
Age 62 or older or handicapped.

LEGAL SERVICES

Hoosier Uplands812-849-4457
521 W. Main St.800-333-2451
Mitchell, IN 47446
Provides free legal services to persons 60 and over.
Civil matters only, including wills, powers of
attorney, etc; no litigation. Program subject to
yearly funding.

Indiana Attorney General's Office
Indiana Government Center South317-232-6201
302 W. Washington St.
Indianapolis, IN 46204
The Attorney General helps to protect the rights,
freedoms and safety you enjoy as a citizen of our
Hoosier state. Here are a few toll free numbers:
Consumer Protection Division800-382-5516
ID Theft Unit800-382-5516
Unclaimed Property Division866-462-5246
Telephone Privacy Division888-834-9969
Medicaid Fraud Control Unit800-382-1039
Patient Abuse & Neglect Program800-382-1039
Victim Assistance Division800-258-0993

Indiana Legal Services Inc.800-892-2776
3303 Plaza Drive, Suite 5.....812-945-4123
New Albany, IN 47150
Provides legal advice and representation for civil matters such as domestic problems, housing issues, social security, SSI, Medicaid, Medicare, Family Services, etc. Free services to low-income persons (250% of the poverty guidelines or below). Office Hours Monday-Friday; 8:30 a.m. to 5:00 p.m. Phone applications taken on Tuesdays 1:30 p.m. to 4:30 p.m. and on Thursdays 10 a.m. to 1:00 p.m.

OLDER ADULT

Adult Protective Services.....812-883-5988
806 Martinsburg Rd., Suite 202800-992-6978
Salem, IN 47167
Will investigate reports of neglect, abuse and exploitation of persons 18 and over who cannot make informed decisions. Hours are 8:00 a.m. to 4:00 p.m.

Duke Energy800-521-2232
1000 East Main St.317-838-1485
Plainfield, IN 46168
Adjusted Due Date - changes the electric bill due date until after Social Security checks arrive. Friend Alert will notify someone (of your choosing), if your electric bill is late. Helping Hand Program: available to eligible (low-income and disabled) Duke Energy customers in Indiana during the Winter; this program lends a “helping hand” to customers who are least able to cope with winter electric bills. Contact your local service office.

Dunn Memorial Hospital.....812-275-3331
1600 23rd St.
Bedford, IN 47421
Hospital services include: Cardiovascular (cardiac catheterization), Vascular Services, Cardiac and Pulmonary Rehabilitation, Physical Therapy, Occupational Therapy, Speech and Hearing Therapy, Home Health Care (skilled nursing/aide), Gynecology, Urology, Walk-In Clinic, Diabetes Clinic, Community Health and Wellness/WIC, Imaging Services, Orthopedics, Sports Medicine, First Steps Program, 24-hour Emergency Services, Lab, Surgical Services, Health Education/Outreach Programs, Women’s Health. Visit online at:
www.dunnmemorial.org

Hoosier Uplands/Area 15 Agency on Aging

521 W. Main St.812-849-4457

Mitchell, IN 47446.....800-333-2451

Provides assistance with the application process for the CHOICE, SSBG, TITLE III, and Medicaid Waiver programs for those over age 60 or disabled. These programs offer homemaker, respite care, home delivered meals, and transportation to persons at risk of nursing home placement. Pre-Admission Screening (PAS) assists with placement of an individual in a nursing home or suitable facility when that individual is no longer able to remain in their home safely. Wheelchairs are available on a temporary basis from satellite offices. The Angel Foundation grants wishes to terminally ill adults 18 years of age or over. Visit online at: www.hoosieruplands.org

Medicare Peer Review Organization

Healthcare Excel812-234-1499

P.O. Box 3713

Terre Haute, IN 47803

Provides general Medicare and hospital care information. Takes quality of care complaints.

National Center on Elder Abuse800-992-6978

The NCEA serves as a resource center dedicated to the prevention of elder mistreatment.

Older Americans Services Corp.812-865-3352

P.O. Box 206.....800-258-8786

Orleans, IN 47452

Provides noon meals at senior centers, home delivered meals, transportation, homemaker services, attendant care, periodic travel and sightseeing to senior citizens.

SENIOR CENTERS / NUTRITION SITES

Dogwood Senior Citizens812-865-3352

1901 Orleans Way

Orleans, IN 47452

French Lick Senior Citizens812-936-2257

8497 West Main Street

French Lick, IN 47432

Orangeville, IN 47452

Orangeville Senior Citizens812-865-2852

Community Building

Paoli Senior Citizens812-723-4228

119 S.W. 2nd Street

Paoli, IN 47454

The centers are a place for seniors to gather to socialize and share a noon meal. Most centers have card games, bingo, birthday celebration dinners,

church services, and shopping trips. Call a day in advance if you want a meal.

Southern Indiana Center for Independent Living
651 X Street812-277-9626
Bedford, IN 47421800-845-6914
Their Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. They also give in-service training to the nursing home staff regarding patients rights.

Success & Opportunity At Reading (SOAR)
1707 N. Shelby St., Suite 107812-896-1515
Salem, IN 47167

They are offering an adult literacy program in partnership with SOAR! This program is: FREE to adults who have not acquired basic reading and survival skills. Confidential one-to-one tutoring within a supportive environment. A chance for adults to gain increased confidence and independence by mastering skills necessary for everyday life.

Visit online: www.southcentralcape.org/soar.shtml

Veterans Affairs Office812-723-3600
County Office Building
205 E. Main Street
Paoli, IN 47454

Provides information about and assistance with pensions, compensation, education, VA forms, hospitals, and nursing homes for veterans and their spouses. For status of claims in progress you can call the local office Tuesday 8 a.m. to 12 Noon; 1 p.m. to 3:45 p.m.

RECREATIONAL / CULTURAL

Boy Scouts of America812-336-6809
5625 E. State Road 46800-844-6809
Bloomington, IN 47401

The purpose of the Hoosier Trails Council of the Boy Scouts of America is to provide an educational program for boys and young adults to build character, to train in the responsibilities of participating citizenship, and to develop personal fitness.

Girl Scouts of USA812-336-6804
P.O. Box 5485800-467-6804
Bloomington, IN 47407

The Tulip Trace Council, Inc. of the Girl Scouts of USA offers Girl Scouting for every girl, everywhere—where today's girls can become tomorrow's

leaders. Membership in Girl Scouts is open to girls ages 5-17; women and men over 17 can join as adult members.

Hoosier Uplands/Area 15 Senior Games

521 W. Main Street812-849-4457
Mitchell, IN 47446.....800-333-2451

Senior Games is an annual event held in September for individuals 50 and over. Competition includes dancing, card games, golf, horseshoe throw and others with medals presented for 1st, 2nd, and 3rd places.

Indiana State Library866-683-0008

Talking Book and Braille Library800-622-4970
140 N. Senate Ave.

Indianapolis, IN 46204

Maintains a free loan bank of recorders for visually handicapped persons. Books and magazines have been recorded for use. They also maintain a separate Braille and talking book collection.

Melton Public Library812-936-2177

8496 W. College Street, French Lick, IN 47432

The Melton Public Library is committed to enriching our community through access to information, entertainment, service and aiding the pursuit of lifelong learning in a welcoming environment. The library circulates books, audio books, music CD's, videos, DVD's and magazines to it's cardholders. Annual circulation exceeds 50,000. Public computer access is available on 13 terminals in addition to free wireless connectivity. Copying and faxing services are available for nominal fees. A meeting room with seating capacity for 48 is available during library hours for informational, educational and cultural purposes. The library offers extensive year round programming for adults and young people including a very active summer reading program. Hours: Monday and Friday—10 a.m. to 5 p.m.; Tuesday and Thursday—10 a.m. to 7 p.m.; Saturday—10 a.m. to 3 p.m.; Closed Wednesday.

Older Americans Services Corp.812-865-3352

P.O. Box 206.....800-258-8786
Orleans, IN 47452

Organizes sightseeing trips for senior citizens.

Paoli Friends Meeting House812-723-4207

301 N. Gospel St.

Paoli, IN 47454

Has youth services and residential camping activities.

SUPPORT SERVICES

Albion Fellows Bacon Center.....812-424-7273
P.O. Box 3164.....800-339-7752
Evansville, IN 47731
Shelter for battered and/or sexually abused women and their children. 24-hour crisis hotline, community education, legal advocacy, sexual assault program, support groups, and referral and advocacy services. Legal advocacy and public speaking presentations available.

American Red Cross.....812-275-5162
2119 29th St.
Bedford, IN 47421
Notification to active duty military personnel of death, serious illness or circumstances of immediate family members; disaster assistance, one-family or community. Provides health and safety services.

CancerCare800-813-4673
275 Seventh Avenue, 22nd Floor
New York, NY 10001
Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers helping people with cancer cope with the educational, financial, practical and emotional challenges of cancer. Visit online at: www.cancercare.org

Hoosier Uplands812-849-4457
521 W. Main St.....800-333-2451
Mitchell, IN 47446
308 S. Oak Street812-723-4607
Paoli, IN 47454
Administers the Head Start Preschool Program for low-income children; Economic Development to foster improved living standards; Weatherization, energy conservation measures provided in individual homes; Pre-Admission Screening to prevent inappropriate nursing home placement; Respite Care to provide relief to an unpaid caregiver; Homemaker Services to those unable to maintain their homes; Family Services; In-Home Services to prevent premature institutionalization; and a Budget Counseling Program designed to assist low-income families who are highly motivated to become self-sufficient. Participants in this program work intensively with a counselor who stresses positive self-esteem and assists in decision-making. Visit online at: www.hoosieruplands.org

Hoosier Uplands Budget Counseling

500 W. Main St.812-849-4447

Mitchell, IN 47446800-827-2219

Hoosier Uplands provide information and guidance and/or legal representation for people who needs assistance in obtaining and responsibly using credit, obtaining or correcting information in their credit reports, reducing their debt burden, managing their financial resources more effectively, or paying their bills in an orderly way. These services are free.

Office hours are Monday-Friday; 8 a.m. to 4:30 p.m.

Call to make an appointment. Visit online at:

www.hoosieruplands.org

Hoosier Uplands Hospice.....812-849-4447

500 W. Main St.800-827-2219

Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care helps control pain and symptoms affecting the quality of life for those facing incurable illness.

Medical Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as "good neighbors" who are willing to sit with someone, run errands, or provide a listening ear.

Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at:

www.hoosieruplands.org

Hoosier Uplands Mortgage Default Counseling

500 W. Main Street812-849-4447

Mitchell, IN 47446

Hoosier Uplands Housing Counseling provides information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. These services are free. Office hours are Monday-Friday;

8 a.m. to 4:30 p.m. Visit: **www.hoosieruplands.org**

Hoosier Uplands/The Angel Foundation

521 W. Main Street800-849-4457

Mitchell, IN 47446800-333-2451

The mission of *The Angel Foundation* is to facilitate the fulfillment of a lifelong dream or wish for ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A lifelong dream or wish may consist of any realistic request, which will make a significant difference in the individual's physical, emotional, or spiritual well-being.

The commitment of *The Angel Foundation* is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online at: www.hoosieruplands.org

Indiana Foreclosure Prevention Network (877-Get Hope)..... 877-438-4673

Think of 877-Get Hope as your personal financial hotline. The 877-Get Hope benefits: available to any Hoosier homeowner having trouble paying a mortgage; available 7 days a week from 8 a.m. to 8 p.m.; absolutely confidential; free foreclosure prevention counseling by trained financial experts; services include budgeting help, a written financial plan or assistance in contacting your lender.

Lifeline/Linkup Indiana – Local Phone Companies
Orleans/Paoli Verizon 800-483-3737
French Lick Smithville Telephone Co.
..... 800-742-4084

Will reduce the new installation cost by 50% (maximum of \$30.00 off) for person receiving Public Aid. Lifeline/Linkup provides estimated discount of \$9.00 a month plus taxes. Must renew every year.

Louisville VA Medical Center
800 Zorn Ave. 502-287-4000
Louisville, KY 40206..... 800-376-8387

The veterans hospital provides inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans.

Regional Youth Services, Inc..... 812-282-8479
224 E. Court Avenue..... 800-838-3008
Jeffersonville, IN 47130

Youth counseling, therapeutic foster care, treatment program for adolescent sex offenders, victims of sexual abuse support groups and independent living support groups.

South Central Indiana Chapter on Alzheimer’s
P.O. Box 547 812-372-3755
Columbus, IN 47201

Southern Hills Counseling Center, Inc.
488 W. Hospital Rd. 812-723-4301
Paoli, IN 47454

Emergency after hours..... 877-521-3772
Group and individual treatment programs for drug and alcohol abusers and their families. Outpatient counseling and consultation case management. They also take 24-hour crisis calls.

Support Groups.....812-849-4457
.....800-333-2451

For a listing of support groups available to Orange County residents, call Hoosier Uplands [ADRC/Information & Referral Services](#).

TRANSPORTATION

Baker Transportation, Inc.812-883-4307
407 N. Main St.
Salem, IN 47167

Accepts Medicaid / Private Insurance Medical Transportation, Ambulatory, CASA Cab, Workers Comp Insurance Transportation. Call for availability.

Blue River Services812-738-7461
.....800-654-5490

Includes fixed and demand responsive routes, commercial, and medical transportation designed to meet the needs of the elderly, disabled, children, and adults of Southern Indiana. Transportation provided throughout Indiana and the Louisville metropolitan area.

Older Americans Services Corp.812-865-3352
P.O. Box 206.....800-258-8786
Orleans, IN 47452

Provides transportation to seniors age 60 and over for medical trips, shopping and personal business trips. Wheelchair lift vans are also available. Accepts Medicaid, private pay or contract funding.

Orange County Transit Services888-826-2920
948 W. Hospital Rd812-723-4043
Paoli, IN 47454

Medicaid transportation is provided in Orange County and contiguous counties to doctor's appointments. They will also accept cash or check. The transit office phone line is open Monday through Friday from 8:00 a.m. to 4:00 p.m. If you call after hours, you may leave a message. Please call at least 24 hours in advance to schedule your trip. If you can not call a day ahead, they will make every effort to accommodate your needs.

SPECIAL INTEREST TOLL-FREE PHONE NUMBERS

Alcohol/Drug Abuse Hotline	800-622-4356
Alzheimer’s Association	800-272-3900
American Association of Retired Persons (AARP)	888-687-2277
American Cancer Society	800-227-2345
American Diabetes Association	800-342-2383
Childhelp National Child Abuse Hotline	800-422-4453
Consumer Protection Division	800-382-5516
Disability Determination Bureau	800-622-4968
Eldercare Locator (nationwide).....	800-677-1116
Family Support Services (Food Stamps/TANF).....	800-622-4932
Federal Information Center.....	800-688-9889
Habitat for Humanity.....	800-422-4828
Home Health Complaint Hotline.....	800-227-6334
Indiana Family Helpline.....	800-433-0746
Indiana Medicaid	800-403-0864
Indiana Poison Center.....	800-222-1222
Indiana Resource Center for Autism	812-855-6508
Information and Assistance for Seniors and the Disabled (Central IN)	800-432-2422
Medicare & You	800-633-4227
Medicare Peer Review	800-288-1499
National AIDS Hotline.....	800-232-4636
National Center for Missing or Exploited Children.....	800-843-5678
National Adolescent/Runaway Hotline	800-621-4000
Office of the Long Term Care Ombudsman.....	800-622-4484
Social Security Administration.....	800-772-1213
State of Indiana Government Information	800-457-8283
The American Dietetic Association Nutrition Hotline.....	800-366-1655
Veteran’s Administration Regional Office.....	800-827-1000



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521 West Main Street
Mitchell, IN 47446

