

# COMMUNITY SERVICE GUIDE FOR WASHINGTON COUNTY



For further information on  
services listed or other services not listed,  
please call:

Hoosier Uplands / Area 15 Agency on Aging

**INFORMATION & REFERRAL**

(812) 849-4457

Or 1-800-333-2451

[www.hoosieruplands.org](http://www.hoosieruplands.org)

[www.link-age.org](http://www.link-age.org)



This resource guide was developed  
for the benefit of all:

***Washington County Residents***

We do not claim to have listed all services  
available to the community, but hope to have listed  
programs which will meet your  
most immediate needs.

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## INFORMATION & REFERRAL

**Hoosier Uplands Information & Referral Services**  
812-849-4457 or 1-800-333-2451

**Main Office**  
500 W. Main Street  
Mitchell, IN 47446

**Salem Office**  
806 S. Martinsburg Rd.  
Suite 200  
Salem, IN 47167

**Aging & Community Services Offices**  
521 W. Main Street  
Mitchell, IN 47446

**Washington County Chamber of Commerce**  
210 North Main Street..... 812-883-4303  
Salem, IN 47167

Provides tourism information, brochures, Chamber newsletter, solicitation permits, industrial development information, small business services, and information about groups, organizations and businesses in Washington County. Visit online at: [www.washingtoncountychamber.org](http://www.washingtoncountychamber.org)

## CHILDREN'S SERVICES

**Big Brothers/Big Sisters of Washington Co.**  
201 Jeans Drive ..... 877-892-2447  
Salem, IN 47167 ..... 812-883-0411  
One-on-one mentoring, both community-based and school-based programs.

**BridgePoint Services Children's Academy**  
1329 Applegate Lane..... 812-283-7908  
Clarksville, IN 47129

Daycare for children 6 weeks – 5 years of age. They have created an innovative and safe learning environment. They are also a southern Indiana rehabilitation center with pediatric therapy services for anyone under 18 years of age.

**Childhood Connections** ..... 866-693-0672  
Career Choices..... 812-424-4473  
1521 13th Street  
Columbus, IN 47201

Financial Assistance for child care services is available throughout the State of Indiana for those families who meet specific income guidelines. Call Career Choices at the number above for more information.

**Children’s Special Health Care Services**

.....800-475-1355  
Indiana State Department of Health...317-233-1325  
2 N. Meridian Street, Suite 700  
Indianapolis, IN 46204

Assists the family of handicapped children to identify and access community assistance, and financial, recreational, and respite programs. Dedicated to enhancing the continuity of care for a child with special healthcare needs by providing clearly defined and comprehensive care coordination services.

**First Steps** .....812-951-0321  
1099 Marci Lane  
Georgetown, IN 47122

First Steps of Southern Indiana provides Early Intervention services to children from birth to age three. They serve residents of Washington County. First Steps offers many services; some of which are: Audiology, Developmental Therapy, Speech Therapy, Physical Therapy, Occupational Therapy, and Service Coordination. Contact the Georgetown satellite office for information on eligibility and available services in your area.

**Happy Hollow Children’s Camp** ....812-988-4900  
3049 Happy Hollow Road .....317-638-3849  
Nashville, IN 47448

One week camp sessions at little or no cost for children 7-14 years from financially disadvantaged families that live in the United Way of Central Indiana demographic area, foster children from the state of Indiana and children with moderate to severe asthma from the state of Indiana.

**Hoosier Healthwise** .....800-889-9949  
Medicaid provider for well and sick child developmental screening also available from ages birth to 20 years. Children and teens can receive immunizations, medications and sick care on a sliding fee scale.

**Hoosier Uplands Children's Services**  
Administrative Office .....812-849-4447  
500 W. Main St.....800-829-2219  
Mitchell, IN 47446

**Hoosier Uplands Early Head Start**....812-883-5368  
806 S. Martinsburg Road, Suite 200  
Salem, IN 47167

Serves pregnant mothers, in privacy of own home, and children up to 3 years of age. Discover new

ways to teach your child using the tools and materials you already have.

**Regional Youth Services, Inc.** .....812-282-8479  
224 E. Court Avenue.....800-838-3008  
Jeffersonville, IN 47130

Youth counseling, therapeutic foster care, treatment program for adolescent sex offenders, victims of sexual abuse support groups and independent living support groups.

**Salem Head Start Center** .....812-883-6166  
801 West Walnut Street .....800-276-2242  
Salem, IN 47167

Half-day pre-school program for 4 year olds whose family income meets established guidelines. Morning and afternoon sessions available Monday through Thursday during the school year. Breakfast and lunch served to morning session. Lunch and afternoon snack served during afternoon session. Medical and dental care provided.

**St. Jude's Children's Research Hospital**  
.....800-457-2444  
Researches children's cancers and other children's diseases.

**Women-Infants-Children (WIC)** ....812-883-1394  
190 W. Beck Mill Rd., Suite F  
Salem, IN 47167

Provides nutritional counseling and food vouchers for pregnant mothers and families with children under 5 years.

## CRISIS SERVICES

**Adult Protective Services** .....812-883-5988  
806 Martinsburg Rd., Suite 202 .....800-992-6978  
Salem, IN 47167

Will investigate reports of neglect, abuse, and exploitation of persons 18 and over who cannot make informed decisions. Hours are 8:00 a.m. to 4:00 p.m.

**American Red Cross** .....800-850-8894  
1805 E. 8th Street.....812-283-8416  
Jeffersonville, IN 47130

Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance, one-family or community; blood drives; health and safety classes, including CPR and first aid.

**Center for Women and Families**

1092 Community Way .....866-803-7577

Scottsburg, IN 47170 .....812-752-7996

Assists abused women and their families with temporary shelter, counseling, support groups and information and support for economic success and hospital/court advocacy. 24 hour crisis line. All services are free of charge.

**Crisis Connection** .....800-245-4580

607 3<sup>rd</sup> Ave., P.O. Box 9038 .....812-245-4580

Jasper, IN 47546

Assists abused women and their children with safe lodging. Provides support groups for women and children, New Babes and Natural Helpers program, and information on legal and financial options. Legal and emergency room advocacy and transportation are available.

**Federal Emergency Management Agency**

Disaster Assistance .....800-621-3362

Washington County.....812-883-7523

Program information: Individuals and small business owners who suffer damages may be eligible for assistance from the Federal Emergency Management Agency (FEMA), other federal agencies, the Small Business Administration (SBA) and voluntary agencies. The assistance programs are available to those designated disaster areas. Call the toll free number above to apply for disaster assistance.

**Hoosier Hills Pact**.....Crisis Line 888-883-1959

205 E. Main St., Suite 3 .....812-883-1959

Domestic Violence Crisis telephone lines 24/7.

They encourage offenders to take responsibility for their actions, involves the victim in the criminal justice process, addresses community needs, works for community safety and provides cost-effective alternatives to incarceration. Hoosier Hills Pact in Salem, Indiana, also offers a domestic violence shelter with hospital/legal advocacy and support groups.

**Indiana Department of Child Services (DCS)**

**Region 18—Washington County** ....812-883-5192

711 Anson Street

Salem, IN 47167

The Department of Child Services protects children and strengthens families through services that focus on family support and preservation. The department administers child support, child protection, adoption and foster care throughout the state of Indiana.

The mission of the department is to protect children

from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes.

**Lifespring Mental Health Service** ..812-883-3095  
1321 Jackson Street .... 24-Hour Line 800-456-2117  
Salem, IN 47167

Offers full range of outpatient mental health services and 24-hour emergency service.

**National Center on Elder Abuse (NCEA)**  
.....800-992-6978

c/o Center of Community Research and Services  
297 Graham Hall  
Newark, DE 19716

The NCEA serves as a resource center dedicated to the prevention of elder mistreatment. Visit online at: [ncea-info@aoa.hhs.gov](mailto:ncea-info@aoa.hhs.gov)

**Washington County Probation Department**  
806 Martinsburg Road .....812-883-1446  
Salem, IN 47167 Ext. 2128

Offers alcohol and drug education, referrals to appropriate agencies for treatment and intervention, community awareness and education, prevention programs and campaigns, crisis counseling, and public speakers.

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**EMERGENCY SERVICES ..... 911**

Washington County Memorial Hospital  
.....812-883-5881  
Ambulance .....812-883-5553  
Salem Police Department.....812-883-5100  
Sheriff's Department.....812-883-5999

**EMPLOYMENT & TRAINING**

**American Red Cross** .....800-850-8894  
1805 E. 8th Street.....812-283-8416  
Jeffersonville, IN 47130

Disaster relief and community disaster education, health and safety services, armed forces emergency services, blood services, and community services (pet therapy) are provided by volunteers of the organization. Visit online at:

[www.clarkredcross.org](http://www.clarkredcross.org)

**Experience Works**.....800-843-0885  
200 East 3rd St. Suite 201 .....812-522-7930  
Seymour, IN 47274

Provides low-income seniors age 55 and over the

training they need to find good jobs in their communities.

**National Able Network, Inc.**.....800-669-8004  
555 S. State Avenue, Suite 373  
Indianapolis, IN 46201  
Employment training for low income persons 55 years or older.

**Salem Express (WorkOne)**.....812-883-2283  
190 Becks Mill Rd., Suite 1  
Salem, IN 47167  
Updating job skills, job search, unemployment compensation and employment services.

**South Central Area Special Education Cooperative**  
600 Elm Street, Suite 2.....812-723-2089  
Paoli, IN 47454  
Provides educational programming, psychological services, physical/speech/occupational therapy, and hearing and visually impaired services. Provides for all state-recognized handicapped persons.

**Success & Opportunity At Reading (SOAR)**  
1707 N. Shelby St., Suite 107 .....812-896-1515  
Salem, IN 47167  
They are offering an adult literacy program in partnership with SOAR! This program is: FREE to adults who have not acquired basic reading and survival skills. Confidential one-to-one tutoring within a supportive environment. A chance for adults to gain increased confidence and independence by mastering skills necessary for everyday life. Visit online: [www.southcentralcape.org/soar.shtml](http://www.southcentralcape.org/soar.shtml)

**FOOD, CLOTHING, RENT,  
UTILITIES, HOUSEHOLD, ETC.**

**Angel Food Ministries**  
**New Beginning Baptist Church** ..... (812) 883-2005  
3515 East Old State Road 1 60  
Salem, IN 47167  
Angel Food Ministries is an organization that provides food at a deep discounted price from retail value. Orders are usually taken the 2<sup>nd</sup> weekend of the month and then the order is picked up on 4<sup>th</sup> weekend of the month. Each month's menu is different than the previous month and consists of both fresh and frozen items. There are also "Specialty Boxes" of different food items available for purchase. There are no qualifications, income restrictions, minimums, or applications. Accepts

food stamps (EBT) vouchers, personal check or cash. Visit online at: [www.angelfoodministries.com](http://www.angelfoodministries.com)

**God's Place Ministries** .....812-755-4449

8073 State Road 37S

Bedford, IN 47421

Meals, counseling, pantry/store, free food, clothing, household items for needy. Everything 25 cents in their store, excluding furniture which is very inexpensive. Open Monday and Wednesday; 1:00 p.m. to 6 p.m.

**Hoosier Uplands Energy Assistance Program**

521 West Main Street.....800-333-2451

Mitchell, IN 47446.....812-849-4457

806 S. Martinsburg Road, Suite 200 .....800-487-8890

Salem, IN 47167 .....812-883-5368

Assists with heating and electric bills during fall and winter for low-income persons.

**Older Americans Services Corp** .....812-865-3352

P.O. Box 206.....800-258-8786

Orleans, IN 47452

Noon lunches on a donation basis at senior centers for anyone age 60 and over and his or her spouse. Home delivered meals provided to senior citizens through Hoosier Uplands case management or private pay.

**Pekin Love Center**..... (812) 967-5079

P. O. Box 208

Pekin, IN 47165

Food Pantry and Soup Kitchen. Serves Washington county, but will serve any county in an emergency. Open Tuesday and Thursday, 9:00 a.m. to 2:00 p.m.; 24-Hr Emergency Help.

**Washington Co. Division of Family Resources**

711 Anson Street.....800-403-0864

Salem, IN 47167

Receives applications and approves eligibility for Medicaid, Food Stamps (SNAP), TANF (cash assistance) and childcare. Administers childcare licensing and inspection program. Based on specific qualifications, emergency food stamps may be available within seven days from the date of application. Other households will receive notification of determination within thirty days from the date of application. Secondary Services provided: State Programs—RBA, Children's Special Healthcare Need Services, QMB for Medicare Part B.

## TOWNSHIP TRUSTEES

Brown .....	812-775-4027
Franklin.....	812-883-4746
Gibson.....	812-752-3635
Howard .....	812-472-3156
Jackson.....	812-967-3402
Jefferson.....	812-883-6786
Madison .....	812-472-3722
Monroe.....	812-883-6432
Pierce .....	812-472-3722
Polk.....	812-967-4036
Posey.....	812-472-3563
Vernon .....	812-755-4224
Washington.....	812-883-1315

## HANDICAPPED SERVICES

**ADA—Indiana** ..... 812-855-6508  
2853 East Tenth Street..... 800-825-4733  
Bloomington, IN 47408

The mission of the ADA-Indiana is to serve as a statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana.

**Adaptive Mobility, Inc.**..... 800-969-1154  
7040 Guion Rd..... 317-347-6400  
Indianapolis, IN 46268

Provides Durable Medical Equipment (DME), Power Mobility, Home Access, Rehabilitation Ramps.

**Blue River Services** ..... 812-738-2408  
1365 Old Highway 135  
Corydon, IN 47112

Provides a full range of developmental instruction for children and adults with vocation, job placement, and sheltered employment, as well as supervised group living and alternative families for adults. In-home services are also available.

### **Children’s Special Health Care Services**

**Indiana State Dept. of Health** ..... 800-475-1355  
2 N. Meridian Street, Section 7B  
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help families of children who have serious, chronic medical conditions, age birth to 21 years of age, who meet the program’s financial and medical criteria, pay for treatment related to their child’s condition. The program refers to Indiana children with severe chronic medical conditions.

**Family and Social Services Administration (FSSA)**  
402 W. Washington ..... 800-403-0864  
P.O. Box 7083  
Indianapolis, IN 46207  
Deaf and Hard of Hearing Services  
(DHHS)..... 800-545-7763  
Blind and Visually Impaired Services  
(BVIS)..... 877-241-8144  
Bureau of Child Development Services  
(BCDS) ..... 800-475-8283  
Bureau of Developmental Disabilities Services  
(BDDS) ..... 877-218-3529  
Bureau of Rehabilitative Services  
(BRS) ..... 800 475-8283  
For more services and information, visit online at:  
**[www.in.gov/fssa](http://www.in.gov/fssa)**

**Hoosier Uplands/Area 15 Agency on Aging**  
521 W. Main St. .... 812-849-4457  
Mitchell, IN 47446..... 800-333-2451  
Provides assistance with the application process  
for the CHOICE, SSBG, TITLE III, and Medicaid  
Waiver programs for those over age 60 or disabled.  
These programs offer homemaker, respite care,  
home delivered meals, and transportation to persons  
at risk of nursing home placement. Pre-Admission  
Screening (PAS) assists with placement of an  
individual in a nursing home or suitable facility when  
that individual is no longer able to remain at home  
safely. Wheelchairs are available on a temporary  
basis from satellite offices. The Angel Foundation  
grants wishes to terminally ill adults age 18 years or  
over. Visit online at: **[www.hoosieruplands.org](http://www.hoosieruplands.org)**

**Indiana Protection and Advocacy Services**  
4701 N. Keystone, Suite 222 ..... 800-622-4845  
Indianapolis, IN 46205  
IPAS is a congressionally mandated, legally based  
disability rights agency. IPAS has the authority to  
provide legal representation and other advocacy  
services, under all federal and state laws to people  
with disabilities based on a system of priorities.  
Their mission is to defend the human, legal and  
civil rights of people with disabilities.

**Indiana State Library** ..... 866-683-0008  
Talking Book and Braille Library ..... 800-622-4970  
140 N. Senate Ave.  
Indianapolis, IN 46204  
Maintains a free loan bank of recorders for visually  
handicapped persons. Books and magazines have  
been recorded for use. They also maintain a separate  
Braille and talking book collection.

**Indiana State Steering Committee for ADA**

1640 Roosevelt Road, Room 405 ..... 800-949-4232  
Chicago, IL 60608 ..... 312-413-1407  
Great Lakes Disability Technical Assistance  
Center answers questions about the Americans  
with Disabilities Act. Visit online at:  
**www.adagreatlakes.org**

**Indiana Vocational Rehabilitation Services**

611 Bartley ..... 812-482-4648  
Jasper, IN 47546 ..... 877-847-9896  
Designed to increase employability of physically  
and mentally handicapped adults through counseling,  
medical service prosthetic devices, education,  
vocational training, and more.

**Kaiser Home Support Services** ..... 812-945-6868

P.O. Box 757  
New Albany, IN 47150  
Provides In-Home respite worker to relieve family  
caregiver for short periods of time.

**Louisville VA Medical Center**

800 Zorn Ave. .... 502-287-4000  
Louisville, KY 40206 ..... 800-376-8387  
The veterans hospital provides inpatient/outpatient  
medical care, community clinics, emergency  
medical care, psychiatric care, alcoholism unit, drug  
abuse program, and rehabilitation of physically  
handicapped veterans.

**Older Americans Services Corp.** .... 812-865-3352

P.O. Box 206 ..... 800-258-8786  
Orleans, IN 47452  
Wheelchair lift van available to transport disabled  
seniors and Medicaid authorized handicapped  
individuals.

**Southern Indiana Center for Independent Living**

651 X Street ..... 812-277-9626  
Bedford, IN 47421 ..... 800-845-6914  
Promoting a philosophy of independent living,  
consumer control, peer support, self-help, self  
determination, equal access, self empowerment,  
independence of individuals with disabilities.

**Southern Indiana Center for Independent Living**

157 Teke Burton Drive ..... 877-849-6001  
Mitchell, IN 47446 ..... 812-849-6000  
SICIL works with all significant types of disabilities,  
and all ages. They offer in-home services such as  
attendant care, homemaker, and respite. They also  
offer information and referral, independent living  
skills, peer counseling and advocacy (ombudsman)

with no fee. They promote a variety of outreach activities and promote programs regarding education, recreation, transportation (Lawrence county), and housing for those with disabilities. Hours are Monday—Friday; 8 a.m. to 5 p.m.

## HEALTH SERVICES

### **American Academy of Ophthalmology**

EyeCare America..... 877-887-6327  
Their public services programs provide eye care services to the medically underserved and for those at increased risk for eye disease. They are committed to the preservation of sight, accomplishing its mission through public service and education.

**American Cancer Society**..... 800-227-2345  
2201 W. Sudbury Drive, Suite C..... 812-336-8423  
Bloomington, IN 47403

Information Center for persons facing cancer.  
Provides support through “Reach for Recovery” program, transportation to treatments through the “Road to Recovery” program, limited medical supplies and other forms of assistance. Visit online at: [www.cancer.org](http://www.cancer.org)

**American Lung Association**..... 800-586-4872  
Lung Helpline..... 800-548-8252  
115 West Washington Street  
Suite 1180 South  
Indianapolis, IN 46204

Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia and tobacco cessation. Visit online at: [www.lungum.org/helpline](http://www.lungum.org/helpline)

**Bridgepointe Industries**..... 812-283-7908  
1329 Applegate Lane..... 800-660-3355  
Clarksville, IN 47129

Pediatric therapy includes: physical therapy, occupational therapy, speech, and psychological services. They have an Autism and Special Needs Resource Center for parents, caregivers and professionals.

**CancerCare** ..... 800-813-4673  
275 Seventh Avenue, 22nd Floor  
New York, NY 10001

Information and Referral Program to help find funding resources for people affected by cancer in

their community. CancerCare is staffed by professional oncology social workers who are especially trained in helping people with cancer cope with the educational, financial, practical and emotional challenges of cancer. Visit online at: [www.cancercare.org](http://www.cancercare.org)

**C.A.R.E. Pregnancy Help Center** ... 812-883-2675  
607 West Market Street ..... 888-621-3192  
Salem, IN 47167

Provides free pregnancy testing, abstinence counseling, and various items available pertaining to pregnant women and infants such as maternity and baby clothes, breast-feeding pumps, and linens.

**Epilepsy Foundation Indiana** 800-526-6618  
3901 W. 86th Street  
Indianapolis, IN 46278

Information counseling, referral, resource coordination, and public education.

**Healthy Indiana Plan** ..... 877-438-4479

HIP is for uninsured Hoosier adults between the ages of 19-64. Parents or caretaker relatives of children in the Hoosier Healthwise program are likely candidates for HIP. A pre-existing or high-risk medical condition has no effect on eligibility. HIP offers full health benefits including hospital services, mental health care, physician services, prescriptions, diagnostic exams and disease management. A minimum of \$500.00 in preventive services are free. Cost for plan is based on income. Visit online at: [www.HIP.in.gov](http://www.HIP.in.gov)

**Hoosier Uplands Home Health Care**

500 W. Main St. .... 812-849-4447  
Mitchell, IN 47446 ..... 800-827-2219

In-home care under doctor's orders by RN's, LPN's, nurses aides, homemakers, and physical, occupational and speech therapists. Provides extended hours, screenings, respite, IV therapy, medical social services, home health aide and attendant care classes, and education services. Visit online at:

[www.hoosieruplands.org](http://www.hoosieruplands.org)

**Hoosier Uplands Hospice** ..... 812-849-4447  
500 W. Main St. .... 800-827-2219  
Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care helps control pain and symptoms affecting the quality of life for those facing incurable illness. Medical Social Services help clients cope with social,

emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as "good neighbors" who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: [www.hoosieruplands.org](http://www.hoosieruplands.org)

**Indiana Donated Dental Services** ...800-452-6022  
P.O. Box 872.....317-631-6022  
Indianapolis, IN 46206

Dentists throughout the state have volunteered to provide comprehensive dental care at no charge to people of all ages who, because of a serious disability, advanced age, or medical problems, lack adequate income to pay for needed dental care. There are no rigid financial eligibility requirements. Visit online at: [www.nfdh.org](http://www.nfdh.org)

**Indiana State Dept of Health** .....317-233-1325  
2 N. Meridian Street  
Indianapolis, IN 46204

The Indiana State Department of Health supports Indiana's economic prosperity and quality of life by promoting, protecting and providing for the health of Hoosiers in their communities.

Office of Minority Health .....317-233-8499  
Office of Women's Health.....317-233-9246  
Environmental Public Health Dept. ...317-233-1325  
For all other areas of information, call the number listed above or visit online at: [www.state.in.us/isdh](http://www.state.in.us/isdh)

**Louisville VA Medical Center**  
800 Zorn Ave.....502-287-4000  
Louisville, KY 40206 .....800-376-8387  
The veterans hospital provides inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans.

**National Kidney Foundation of IN** ....800-382-9971  
911 E. 86th Street, Suite 100  
Indianapolis, IN 46240  
Limited financial aid for medication, medical alert tags and education.

**Seniors EyeCare Program**.....800-222-3937  
The Seniors EyeCare Program ensures that every senior has access to medical eye care and promotes annual, dilated eye exams. It raises awareness about age-related eye disease, including cataracts,

provides free eye care educational materials and facilitates access to eye care – at no out-of-pocket cost. Eyeglasses, prescription drugs, hospital services, and fees of other medical professionals are not included in this program.

**Senior Smile Program**.....812-849-4457  
(Indiana Dental Assoc.).....800-562-5646  
401 W. Michigan St., Suite 1000  
Indianapolis, IN 46202

Provides referrals to participating dentists who offer reduced rates to low-income persons 65 and older who must meet income guidelines and do not have private dental insurance or Medicaid. To apply for this program, contact Hoosier Upland’s “Information and Referral.”

**Washington County Health Department**  
806 Martinsburg, Suite 100.....812-883-5603  
Salem, IN 47167

Public health nursing includes immunizations, communicable disease follow-up, and child health information. They do adult health screenings for diabetes, blood pressure, and urine. Adult vaccinations and consults for travel. Red Cross CPR certification and health education as needed.

**Washington County Memorial Hospital**  
911 North Shelby Street.....812-883-5881  
Salem, IN 47167

Washington County Memorial Hospital is a Critical Access Hospital with 25 licensed beds to serve you through the following services – 24 hour EMS and Emergency Department, swing bed program, behavioral medicine, social services, inpatient and outpatient surgery, orthopedics and physical therapy, respiratory therapy, cardiac rehab, full-service lab, radiology, mammography, MRI and CT-Scan with 4-D ultrasound. WCMH also hosts free screenings during the year as well as making 17 different Medical specialists available during the month in Salem. WCMH has offices located in Campbellsburg, Hardinsburg, Salem and our newest facility, Pekin Community Health Care in Pekin, Indiana. Visit online at: [www.wcmhosp.org](http://www.wcmhosp.org)

## HOUSING

**Aspen Meadows**.....812-896-1543  
1017 Aspen Drive  
Salem, IN 47167

**Corydon Capital Apartments**.....812-738-1757  
860 Pflanz Drive  
Corydon, IN 47112  
All ages welcome, subsidized and non-subsidized housing available. Studio, 1 and 2 bedroom apartments available.

**Hoosier Uplands/Housing Counselor**  
500 W. Main St. ....812-849-4447  
Mitchell, IN 47446.....800-827-2219  
Hoosier Uplands Housing Counseling provides information for person experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Section 8 program assists low income families with acquiring and paying rental housing. Visit online at:  
**www.hoosieruplands.org**

**Maple Leaf Apartments**.....812-883-1569  
804 West Market Street  
Salem, IN 47167  
Must be 62 years or older, or disabled. Section 8 housing is available (only with a certificate)  
Manager support service is available. They have free on call maintenance.

**New Horizon Apartments**.....812-883-3306  
905 Aspen Drive, Suite 105  
Salem, IN 47167  
All ages welcome. Section 8 housing is available.  
Apartments are energy efficient.

**Parkview Apartments** .....812-883-1633  
817 Parkview  
Salem, IN 47167  
Some subsidizing available, plus Section 8. Any age welcome; offers 1 and 2 bedroom apts. One handicap accessible unit available.

**Sycamore Hills**.....812-883-1458  
505 Florence Street  
Salem, IN 47167  
Must be 62 years or older, or disabled. Section 8 housing is available, also manager support service.  
Apartments are energy efficient.

**USDA Rural Development** .....812-346-3411  
2600 Hwy 7 North  
North Vernon, IN 47265  
Home Improvement Loans and Grants: enable very low income rural homeowners to remove health and safety hazards from their homes and to make homes accessible for people with disabilities.  
Housing Preservation Grants: help very low and

low-income homeowners repair and rehabilitate their homes. For information on other grants and loans that available, call or visit online at:

**[www.rurdev.usda.gov](http://www.rurdev.usda.gov)**

**Wal-Mar Apartments, Inc.** ..... 812-967-3834  
1003 N. Eastern School Rd.  
Pekin, IN 47165

All ages welcome, HUD certificates, wheelchair accessible, washer/dryer hook-up also available.

## LEGAL SERVICES

**Hoosier Uplands** ..... 812-849-4457  
500 W. Main St. .... 800-333-2451  
Mitchell, IN 47446

Provides free legal services to persons 60 and over. Civil matters only, including wills, powers of attorney, etc; no litigation. Program subject to yearly funding.

### **Indiana Attorney General's Office**

Indiana Government Center South .... 317-232-6201  
302 W. Washington St.  
Indianapolis, IN 46204

The Attorney General helps to protect the rights, freedoms and safety you enjoy as a citizen of our Hoosier state.

Consumer Protection Division ..... 800-382-5516  
ID Theft Unit ..... 800-382-5516  
Unclaimed Property Division ..... 866-462-5246  
Telephone Privacy Division ..... 888-834-9969  
Medicaid Fraud Control Unit ..... 800-382-1039  
Patient Abuse & Neglect Program ..... 800-382-1039  
Victim Assistance Division ..... 800-258-0993

**Indiana Legal Services Inc.** ..... 800-892-2776  
3303 Plaza Drive, Suite 5. .... 812-945-4123  
New Albany, IN 47150

Provides legal advice and representation for civil matters such as domestic problems, housing issues, social security, SSI, Medicaid, Medicare, Family Services, etc. Free services to low-income persons (250% of the poverty guidelines or below). Office Hours Monday-Friday; 8:30 a.m. to 5:00 p.m. Phone applications taken on Tuesdays 1:30 p.m. to 4:30 p.m. and on Thursdays 10 a.m. to 1:00 p.m.

# OLDER ADULT

**Adult Protective Services**.....812-883-5988  
806 Martinsburg Rd., Suite 202 .....800-992-6978  
Salem, IN 47167

Will investigate reports of neglect, abuse, and exploitation of persons 18 and over who cannot make informed decisions. Hours are 8:00 a.m. to 4:00 p.m.

**Duke Energy** .....800-521-2232  
1000 East Main St. ....317-838-1485  
Plainfield, IN 46168

Adjusted Due Date - changes the electric bill due date until after Social Security checks arrive.  
Friend Alert will notify someone (of your choosing), if your electric bill is late. Helping Hand Program: available to eligible (low-income and disabled) Duke Energy customers in Indiana during the Winter; this program lends a “helping hand” to customers who are least able to cope with winter electric bills. Contact your local service office.

**Hoosier Uplands/Area 15 Agency on Aging**  
521 W. Main St. ....812-849-4457  
Mitchell, IN 47446.....800-333-2451

Provides assistance with the application process for the CHOICE, SSBG, TITLE III, and Medicaid Waiver programs for those over age 60 or disabled. These programs offer homemaker, respite care, home delivered meals, and transportation to persons at risk of nursing home placement. Pre-Admission Screening (PAS) assists with placement of an individual in a nursing home or suitable facility when that individual is no longer able to remain in their home safely. Wheelchairs are available on a temporary basis from satellite offices. The Angel Foundation grants wishes to terminally ill adults 18 years of age or over. Visit online at: [www.hoosieruplands.org](http://www.hoosieruplands.org)

**Medicare Peer Review Organization**  
Healthcare Excel .....812-234-1499  
P.O. Box 3713  
Terre Haute, IN 47803

Provides general Medicare and hospital care information. Takes quality of care complaints.

**National Center on Elder Abuse**.....800-992-6978  
The NCEA serves as a resource center dedicated to the prevention of elder mistreatment.

**Older Americans Services Corp.** .....812-865-3352  
P.O. Box 206.....800-258-8786  
Orleans, IN 47452  
Provides noon meals at senior centers, home delivered meals, transportation, homemaker services, attendant care, periodic travel and sightseeing to senior citizens.

**Southern Indiana Center for Independent Living**  
651 X Street .....812-277-9626  
Bedford, IN 47421 .....800-845-6914  
Their Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. They also give in-service training to the nursing home staff regarding patients rights.

**SENIOR CENTERS / NUTRITION SITES**

**Pekin Senior Citizens**.....812-967-4500  
Poplar & John Streets  
Pekin, IN 47165  
**Salem Senior Citizens** .....812-883-4986  
1705 N. Shelby  
Salem, IN 47167  
**Hardinsburg Senior Citizens** .....812-472-9059  
183 W. Cheshire Lane  
Hardinsburg, IN 47125

The centers are a place for seniors to gather to socialize and share a noon meal. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips. Call a day in advance if you want a meal.

**Success & Opportunity At Reading (SOAR)**  
1707 N. Shelby St., Suite 107.....812-896-1515  
Salem, IN 47167  
They are offering an adult literacy program in partnership with SOAR! This program is: FREE to adults who have not acquired basic reading and survival skills. Confidential one-to-one tutoring within a supportive environment. A chance for adults to gain increased confidence and independence by mastering skills necessary for everyday life.  
Visit online: [www.southcentralcape.org/soar.shtml](http://www.southcentralcape.org/soar.shtml)

**RECREATIONAL / CULTURAL**

**Boy Scouts of America**.....502-361-2624  
Lincoln Heritage Council  
12001 Sycamore Station Place  
Louisville, KY 40299  
The purpose of the Lincoln Heritage Council of the

Boy Scouts of America is to provide an educational program for boys and young adults to build character, to train in the responsibilities of participating citizenship, and to develop personal fitness.

**Girl Scouts of Kentuckiana..... 502-636-0900**

P. O. Box 32335

Louisville, KY 40232

The Girl Scouts of Kentuckiana Council of the Girl Scouts of USA offers Girl Scouting for every girl, everywhere — where today's girls can become tomorrow's leaders. Membership in Girl Scouts is open to girls ages 5-17; women and men over 17 years of age can join as adult members.

**Hoosier Uplands/Area 15 Senior Games**

521 W. Main Street..... 812-849-4457

Mitchell, IN 47446..... 800-333-2451

Senior Games is an annual event held in September for individuals 50 and over. Competition includes dancing, card games, golf, horseshoe throw and others with medals presented for 1st, 2nd, and 3rd places.

**Indiana State Library..... 866-683-0008**

Talking Book and Braille Library..... 800-622-4970

140 N. Senate Ave.

Indianapolis, IN 46204

Maintains a free loan bank of recorders for visually handicapped persons. Books and magazines have been recorded for use. They also maintain a separate Braille and talking book collection.

**Older Americans Services Corp. .... 812-865-3352**

P.O. Box 206 ..... 800-258-8786

Orleans, IN 47452

Organizes sightseeing trips for senior citizens.

**Salem Public Library ..... 812-883-5600**

212 North Main Street ..... 812-883-5604

Salem, IN 47167

Offers its patrons over 350,000 items, including: print and audio books, DVDs and videos, music CDs and cassettes, and more. They also offer public-use computers, varied and interesting programs for youth and adults, meeting rooms and one auditorium available for rent to community groups, monthly displays by local and regional artists, and an impressive permanent art collection.

**Washington County Extension Service**

806 Martinsburg Rd..... 812-883-4601

Salem, IN 47167

4-H provides learning experiences and develops

talents, skills and leadership abilities. Educational Information Program provides information for agriculture and community development planning and issues. Homemakers Clubs provide a variety of educational and learning experiences for adults. They have Consumer and Family Science Programs.

## SUPPORT SERVICES

**Albion Fellows Bacon Center** 812-424-7273  
P.O. Box 3164.....800-339-7752  
Evansville, IN 47731

Shelter for battered and/or sexually abused women and their children. 24-hour crisis hotline, community education, legal advocacy, sexual assault program, support groups, and referral and advocacy services. Legal advocacy and public speaking presentations available.

**Alzheimer's Association** .....800-272-3900  
The Alzheimer's Association 24/7 Helpline provides reliable information and support to all those who need assistance. Visit online at: [www.alz.org/indiana](http://www.alz.org/indiana)

**American Red Cross**.....800-850-8894  
1805 East 8th Street  
Jeffersonville, IN 47130  
Notification to active duty military personnel of death, serious illness, or circumstances of immediate family members. Disaster assistance, one-family or community.

**CancerCare** .....800-813-4673  
275 Seventh Avenue, 22nd Floor  
New York, NY 10001  
Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers who are especially trained in helping people with cancer cope with the educational, financial, practical and emotional challenges of cancer. Visit online at: [www.cancercare.org](http://www.cancercare.org)

**Hoosier Uplands** .....812-849-4457  
521 W. Main St. ....800-333-2451  
Mitchell, IN 47446  
Administers the Head Start Preschool Program for low-income children; Economic Development to foster improved living standards; Weatherization, energy conservation measures provided in individual homes; Pre-Admission Screening to prevent inappropriate nursing home placement; Respite Care

to provide relief to an unpaid caregiver; Homemaker Services to those unable to maintain their homes; Family Services; In-Home Services to prevent premature institutionalization; and a Budget Counseling Program designed to assist low-income families who are highly motivated to become self-sufficient. Participants in this program work intensively with a counselor who stresses positive self-esteem and assists in decision-making. Visit online at: [www.hoosieruplands.org](http://www.hoosieruplands.org)

**Hoosier Uplands Budget Counseling**

500 W. Main St.....812-849-4447  
Mitchell, IN 47446.....800-827-2219

Hoosier Uplands provides information and guidance and/or legal representation for people who needs assistance in obtaining and responsibly using credit, obtaining or correcting information in their credit reports, reducing their debt burden, managing their financial resources more effectively, or paying their bills in an orderly way. These services are free. For appointment call Monday—Friday; 8 a.m. to 4:30 p.m. Visit online at: [www.hoosieruplands.org](http://www.hoosieruplands.org)

**Hoosier Uplands Hospice** .....812-849-4447  
500 W. Main St.....800-827-2219  
Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care helps control pain and symptoms affecting the quality of life for those facing incurable illness. Medical Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as "good neighbors" who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: [www.hoosieruplands.org](http://www.hoosieruplands.org)

**Hoosier Uplands Mortgage Default Counseling**

500 W. Main St.....800-827-2219  
Mitchell, IN 47446.....812-849-4447

Hoosier Uplands Housing Counseling provides information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Services are free. For appointment call Monday—Friday; 8 a.m. to 4:30 p.m. Visit online: [www.hoosieruplands.org](http://www.hoosieruplands.org)

**Hoosier Uplands/The Angel Foundation**

521 W. Main Street .....800-849-4457  
Mitchell, IN 47446.....800-333-2451

The mission of *The Angel Foundation* is to facilitate the fulfillment of a lifelong dream or wish for ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A lifelong dream or wish may consist of any realistic request, which will make a significant difference in the individual’s physical, emotional, or spiritual well-being. The commitment of *The Angel Foundation* is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online at: [www.hoosieruplands.org](http://www.hoosieruplands.org)

**Indiana Foreclosure Prevention Network**

**(877-Get Hope)** .....877-438-4673

Think of 877-Get Hope as your personal financial hotline. The 877-Get Hope benefits: available to any Hoosier homeowner having trouble paying a mortgage; available 7 days a week from 8 a.m. to 8 p.m.; absolutely confidential; free foreclosure prevention counseling by trained financial experts; services include budgeting help, a written financial plan or assistance in contacting your lender.

**Louisville VA Medical Center**

800 Zorn Ave. ....502-287-4000  
Louisville, KY 40206.....800-376-8387

The veterans hospital provides inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans.

**Regional Youth Services, Inc.** .....812-282-8479

224 E. Court Avenue.....800-838-3008  
Jeffersonville, IN 47130

Youth counseling, therapeutic foster care, treatment program for adolescent sex offenders, victims of sexual abuse support groups and independent living support groups.

**Stepping Stone Detoxification Center**

30 South Stockwell Rd.....812-473-3104  
Evansville, IN 47714..... Crisis: 812-423-7791

Provides inpatient and outpatient detoxification treatment program and counseling for alcohol and drug abusers and their families.

**Support Groups** ..... 812-849-4457  
..... 800-333-2451

For a listing of support groups available to Washington County residents, call Hoosier Uplands [ADRC/Information & Referral Services](#).

## TRANSPORTATION

**American Cancer Society (Road To Recovery)**  
Free service—24 hours notice. .... 800-227-2345  
Transports cancer patients to medical appointments.

**Baker Transportation, Inc.** ..... 812-883-4307  
407 N. Main St.  
Salem, IN 47167  
Accepts Medicaid / Private Insurance Medical Transportation, Ambulatory, CASA Cab, Workers Comp Insurance Transportation. Call for availability.

**Blue River Services** ..... 812-738-7461  
..... 800-654-5490  
Includes fixed and demand responsive routes, commercial, and medical transportation designed to meet the needs of the elderly, disabled, children, and adults of Southern Indiana. Transportation provided throughout Indiana and the Louisville metropolitan area. Also known as “Southern Indiana Transit.”

**Orange County Transit Services** .... 888-826-2920  
948 W. Hospital Rd. .... 812-723-4043  
Paoli, IN 47454  
Medicaid transportation is provided in Orange County and contiguous counties to doctor’s appointments. They will also accept cash or check. Office open Monday through Friday; 8:00 a.m. to 4:00 p.m. After hours, you may leave a message. If possible, please call at least 24 hours in advance to schedule your trip.

**Older Americans Services Corp.** .... 812-865-3352  
P.O. Box 206 ..... 800-258-8786  
Orleans, IN 47452  
Provides Medicaid transportation for anyone with Medicaid eligibility. Provides transportation to seniors age 60 and over for medical trips, shopping and personal business trips. Wheelchair lift vans are also available. Accepts Medicaid, private pay or contract funding.

**Washington County Memorial Hospital**  
EMS Department ..... 812-883-5881  
Transportation only for those who are convalescent (bed bound) and must be transported by stretcher.

# SPECIAL INTEREST TOLL-FREE PHONE NUMBERS

Alcohol/Drug Abuse Hotline .....	800-622-4356
Alzheimer's Association .....	800-272-3900
American Association of Retired Persons (AARP) .....	888-687-2277
American Cancer Society .....	800-227-2345
American Diabetes Association .....	800-342-2383
Childhelp National Child Abuse Hotline .....	800-422-4453
Consumer Protection Division .....	800-382-5516
Disability Determination Bureau .....	800-622-4968
Eldercare Locator (nationwide).....	800-677-1116
Family Support Services (Food Stamps/TANF).....	800-622-4932
Federal Information Center.....	800-688-9889
Habitat for Humanity.....	800-422-4828
Home Health Complaint Hotline.....	800-227-6334
Indiana Family Helpline.....	800-433-0746
Indiana Medicaid .....	800-403-0864
Indiana Poison Center.....	800-222-1222
Indiana Resource Center for Autism .....	812-855-6508
Information and Assistance for Seniors and the Disabled (Central IN) .....	800-432-2422
Medicare & You .....	800-633-4227
Medicare Peer Review .....	800-288-1499
National AIDS Hotline.....	800-232-4636
National Center for Missing or Exploited Children.....	800-843-5678
National Adolescent/Runaway Hotline .....	800-621-4000
Office of the Long Term Care Ombudsman.....	800-622-4484
Social Security Administration.....	800-772-1213
State of Indiana Government Information .....	800-457-8283
The American Dietetic Association Nutrition Hotline.....	800-366-1655
Veteran's Administration Regional Office.....	800-827-1000



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521 West Main Street  
Mitchell, IN 47446









